



We will be starting soon!

Thanks for joining us





Introduction to Passive House

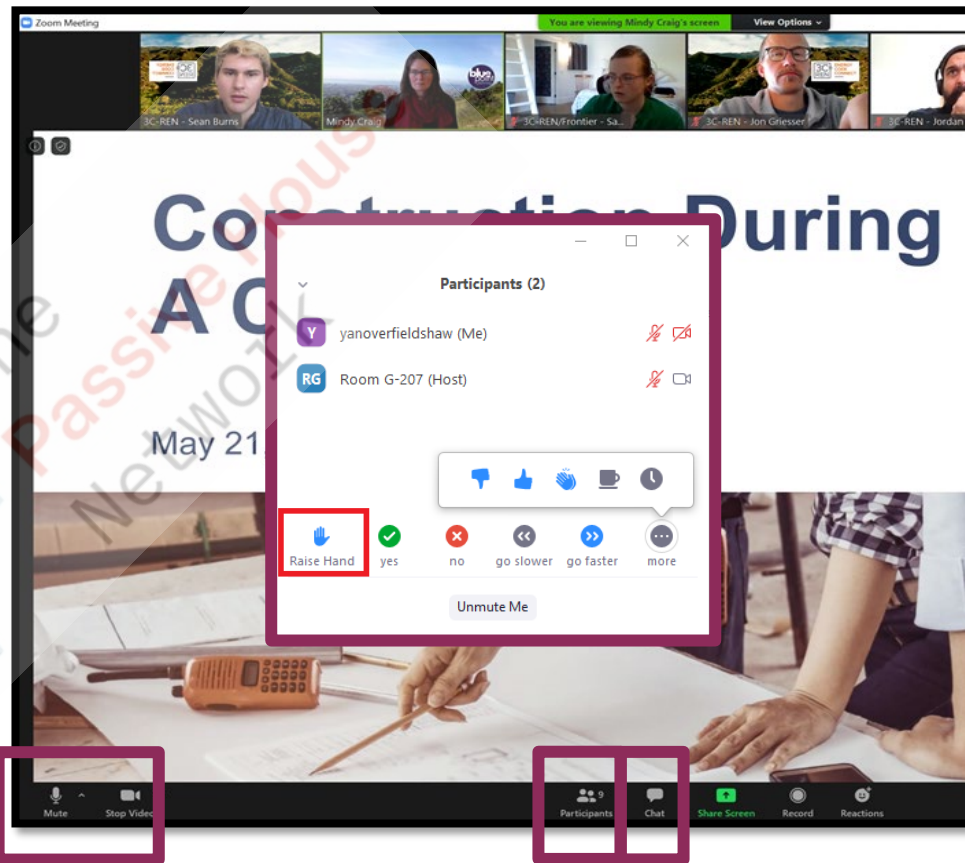
Steve Mann, The Passive House Network and Home Energy Services

March 7, 2023



Zoom Orientation

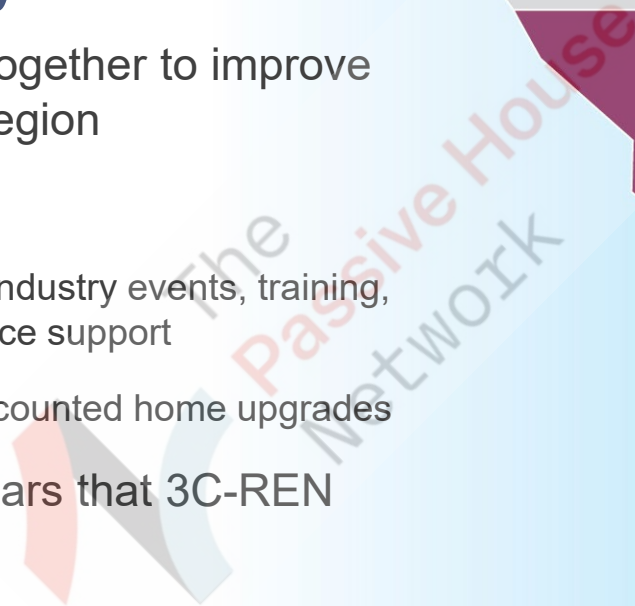
- Please be sure your full name is displayed
- Please **mute** upon joining
- Use "**Chat**" box to share questions or comments
- Under "**Participant**" select "**Raise Hand**" to share a question or comment verbally
- The session may be **recorded** and posted to 3C-REN's on-demand page. Feel free to ask questions via the chat and keep video off if you want to remain anonymous in the recording.





3C-REN: Tri-County Regional Energy Network

- Three counties working together to improve energy efficiency in the region
- Services for –
 - **Building Professionals:** industry events, training, and energy code compliance support
 - **Households:** free and discounted home upgrades
- Funded by ratepayer dollars that 3C-REN returns to the region





- Serves all building professionals
- Three services –
 - **Energy Code Coach**
 - **Training and Support**
 - **Regional Forums**
- Makes the Energy Code easy to follow

Energy Code Coach:
3c-ren.org/codes
805.220.9991

Event Registration:
3c-ren.org/events





BUILDING PERFORMANCE TRAINING

- Serves current and prospective building professionals
- Expert instruction:
 - **Technical skills**
 - **Soft skills**
- Helps workers to thrive in an evolving industry

Event Registration:
3c-ren.org/events





HOME
ENERGY
SAVINGS

Multifamily (5+ units)

- No cost technical assistance
- Rebates up to \$750/apartment plus additional rebates for specialty measures like heat pumps

Single Family (up to 4 units)

- Sign up to participate!
- Get paid for the metered energy savings of your customers

Enrollment:
3C-REN.org/contractor-participation





3C-REN Staff Online





An Introduction to Passive House

The Passive House
Network



Steve Mann

Principal, Home Energy Services
PHN Trainer
CPHD & CPHT





The Challenge

“Building is not a neutral act.”

- Rev. Mariama White -Hammond, Green Justice Coalition





Let's Make Architectural Solutions

- **ELIMINATE CARBON** : ENERGY EFFICIENCY
- **PROTECT HEALTH** : HYGIENIC VENTILATION
- **PROVIDE RESILIENCE** : SHELTER-IN-PLACE
- **DELIVER AFFORDABILITY** : FOR EVERYONE
- **MITIGATE INVESTMENT RISK** : FUTURE PROOF

Prehistory

What came before?



1

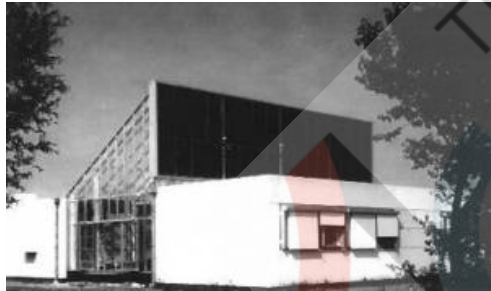


Precursors of Passive House

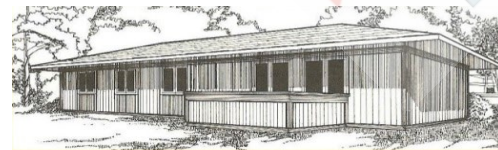
Vernacular,
China



DTH zero-
energy house,
Denmark, 1973



Illinois Lo -Cal
House, Wayne
Shick , US
1976



Fridtjof
Nansen's
polar ship, the
"Fram", 1893



The Philips
Experimental
House,
Germany, 1974



Saskatchewan
Conservation
House w/ Harold
Orr, Canada 1977



The First Passive House (1990)



Discovery

Flipping the equation



1



A Comfort & Health Standard

THE POWER OF A SIMPLE IDEA:

THERMAL COMFORT & HEALTH DRIVE PERFORMANCE

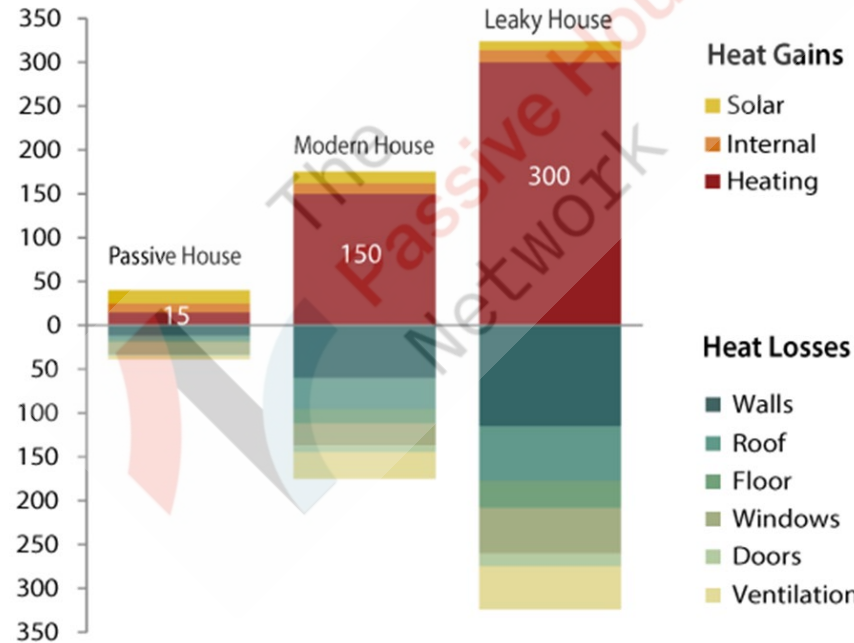
"Una casa pasiva es un edificio para el cual el confort térmico (ISO 7730) se puede lograr únicamente mediante el calentamiento posterior, o el enfriamiento posterior, de la masa de aire fresco requerida para lograr suficientes condiciones de calidad del aire interior, sin la necesidad de recirculación adicional de aire" – Passive House Institute, passipedia.org



Begins Energy Balance

The Value of a Well Insulated Home

Average heating gains and losses by house type in kWh/m²a



Data: typical values for Northern European climates

shrinkthatfootprint.com



Flip the Equation & Make High -Quality Normal

Passive House provides a
clear pathway to decouple
power and performance .



Passive Balance Provides Comfort

Steady Temperatures

Peace and Quiet



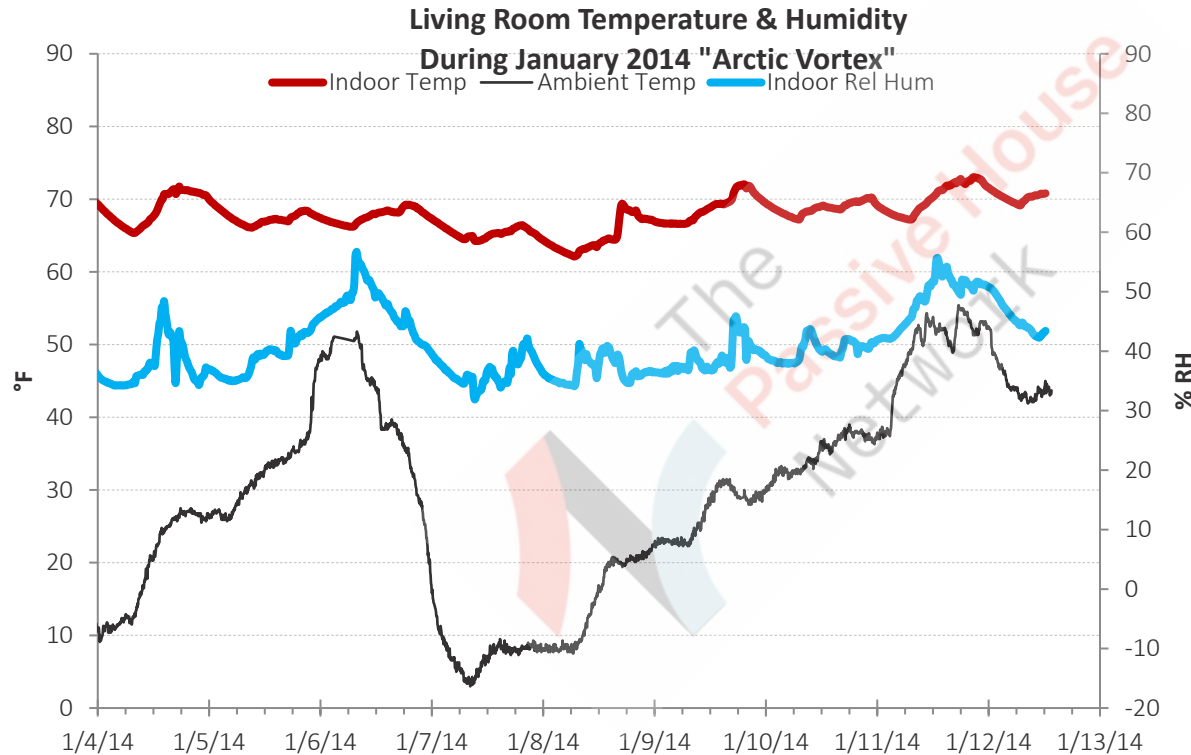


Passive Balance Provides Hygiene





Passive Balance Provides Resilience



Cramer Silkworth, Baukraft Engineering, Brooklyn, NY





Passive Balance Support Equity & Security

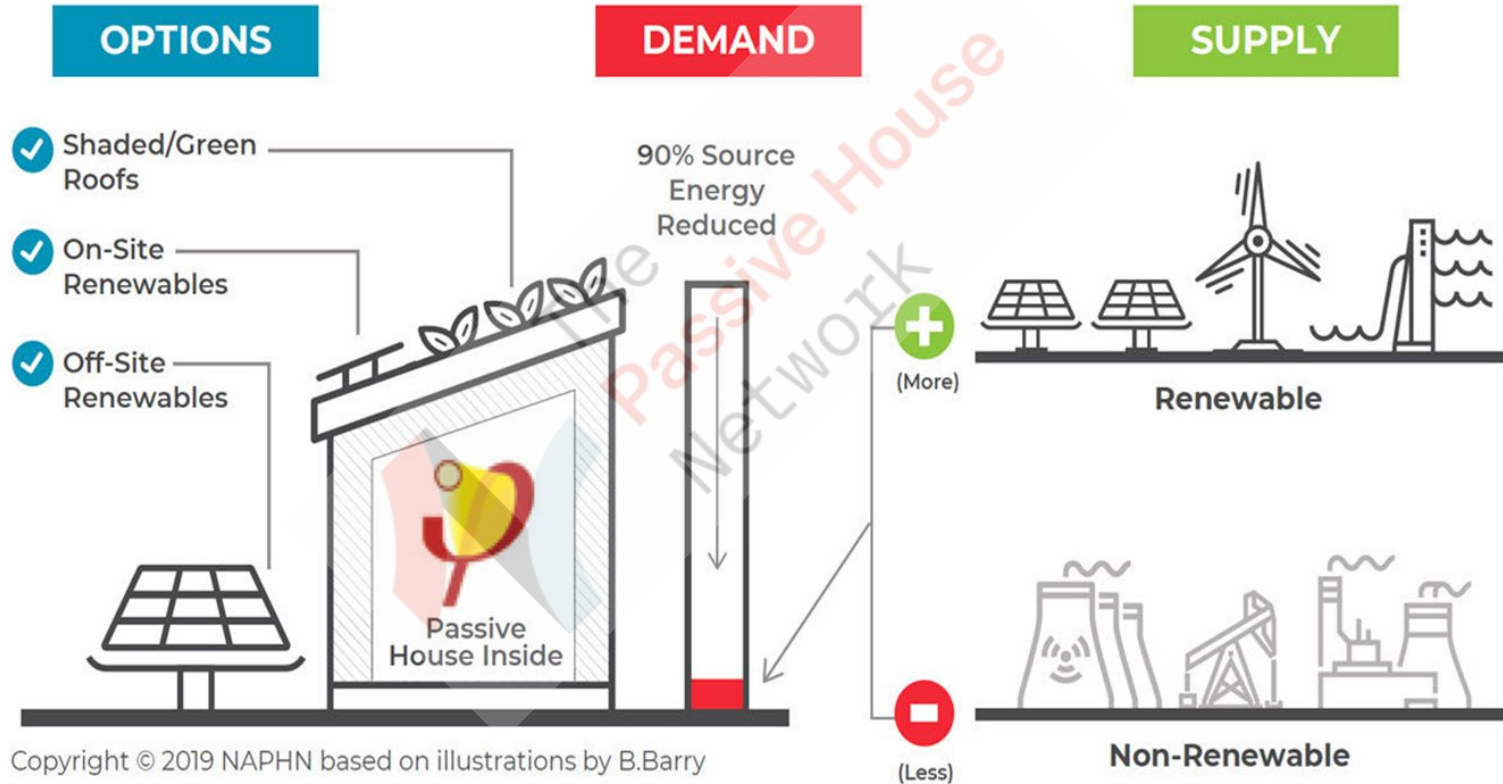


Credit: Think! Architecture





Passive Balance Supports Green Power Change



Think & Work Differently

Flip the equation & make high quality normal



The Passive House
Network





Let's Restart





Reengage the Building Ingredients & Craft





Engage Energy Flows & Balance



Do We Have the Imagination?

1



Imagine New Expression





Towers: Vienna, New York, Vancouver, Boston





Garment Factory, Sri Lanka



Image: JPDA. Sri Lanka Passive House Factory, 2018.



UK RIBA Sterling Prize Winner



Credit: Mikhail Riches with Cathy Hawley

How Much Does it Cost?

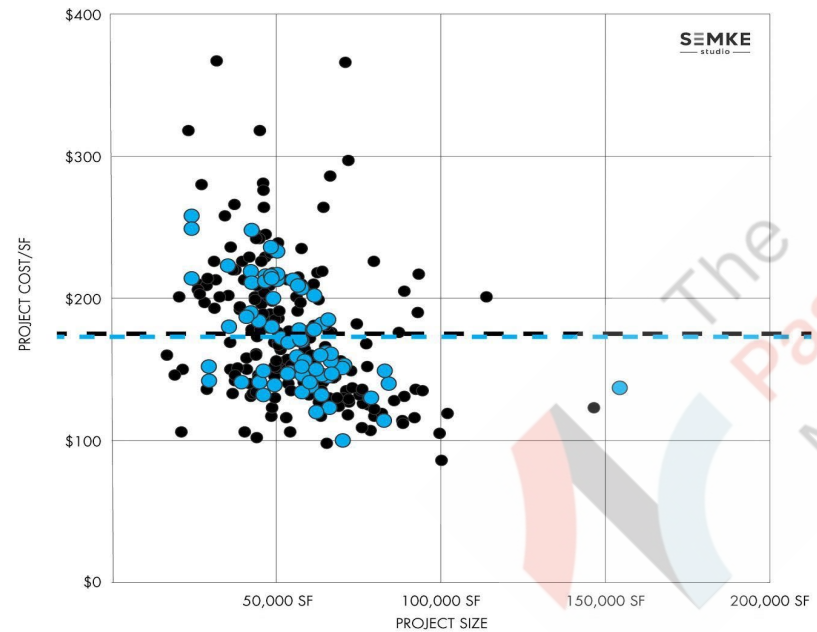


1



Not a Typical “Cost -Plus” Paradigm

268 Proposals to Pennsylvania Housing Finance Agency (2015-2018)



● CONVENTIONAL (Total=194) — — — — — AVG. CONVENTIONAL = \$175/SF
 ● PASSIVE HOUSE (Total=74) - - - - - AVG. PASSIVE HOUSE = \$173/SF

DATA SOURCE: Pennsylvania Housing Finance Agency



Low Income Housing Tax Credits

The Sleeper Simulant Policy

by Zachary Semke
Semke Studio

Stay in budget & on target:

- Passive House on day one
- Work with certifier from day one
- Require team to have proper training
- Optimize from start & stick to certification & target

How Is This Possible?



1



Tools Enabling Predictability

Certified Buildings:



Energy Model Design Tool & Manual:



Certified Components:



Reference Materials:



PASSIPEDIA
The Passive House Resource

Certified Professionals:



Global Research:



Global Knowledge Sharing:

International

PASSIVE HOUSE

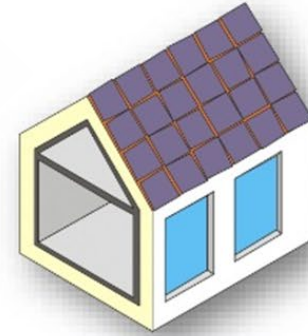
Association



www.passivehouse.com



Three Certification Levels to Passive House





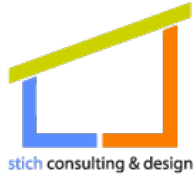
Certified Retrofits: EnerPHit



Credit: Ryall Sheridan Architects



NACC: 13 Certifiers and Growing



How Do You Make a Passive Building?

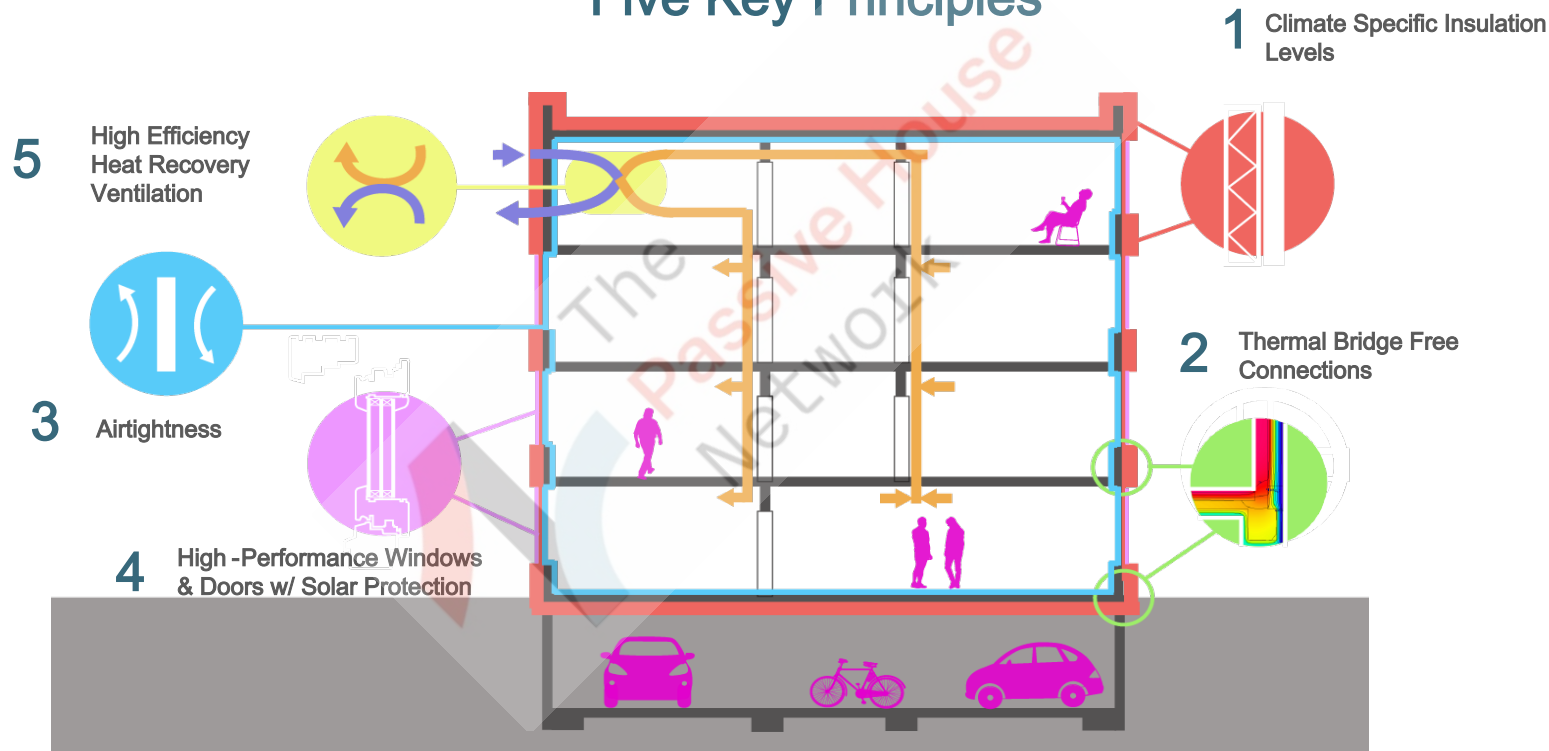
Futureproof architecture for the Anthropocene





An Integrated Methodology

Five Key Principles





Energy Model: Passive House Planning Package



© Passive House Institute

Energy balance and Passive House Design Tool for quality approved Passive Houses and EnerPHit retrofits

Windows
 Hollis Montessori School / Climate: Hollis, NH / TFA: 9058 ft² / Heating: 0.01 kWh/(ft²·yr) / Cooling: 0.8 kWh/(ft²·yr) / PER: 12.55 kWh/(ft²·yr)

Window area orientation	Global radiation (main orientations)	Shading	Dirt	Non-vertical radiation incidence	Glazing fraction	SHGC	Solar irradiation reduction factor	Window area	Window U-Value	Glazing area	Average global radiation	Transmission losses heating period	Heating solar radiation	
Standard values →	kWh/(ft²·yr)							ft²	BTU/(ft²·°F)	ft²	kWh/ft²·yr	kWh/yr	kWh/yr	
North	14	0.56	0.95	0.85	0.58	0.50	0.26	155	0.20	90	14	1642	285	
East	33	0.79	0.95	0.85	0.63	0.50	0.40	155	0.19	98	41	1557	129	
South	62	0.81	0.95	0.85	0.74	0.50	0.49	506	0.17	376	59	4381	725	
West	34	0.81	0.95	0.85	0.63	0.50	0.41	64	0.18	40	34	608	446	
Horizontal	53	1.00	0.95	0.85	0.00	0.00	0.00	0	0.00	0	53	0	0	
Total or average value for all windows.								0.50	0.43	880	0.18	604	8188	927

Heating degree hours [°F·day/yr]: 7440

Go to glazing list Go to window frames list

Quantity	Description	Deviation from north	Angle of inclination from the horizontal	Orientation	Window rough opt		Installed in	Glazing		Frame	g-Value		U-Value		Installation situation		
					Width	Height	Selection from 'Areas' worksheet	Selection from 'Components' worksheet	Selection from 'Components' worksheet	Perpendicular radiation	Glazing	Frames (avg.)	W _{glazing edge} (Avg.)				
1	W104	90	90	East	3.00	4.86	4-Wall, 9351_E	01ud-Triple-insulated-Kr08	02ud-Si82+Operable	02ud-Si82+Operable	0.50	0.11	0.19	0.018	1	1	1
1	W107	90	90	East	3.00	4.85	4-Wall, 9351_E	01ud-Triple-insulated-Kr08	02ud-Si82+Operable	02ud-Si82+Operable	0.50	0.11	0.19	0.018	1	1	1

#1. Right-Sized Continuous Insulation:

Shouldn't you dress for
the weather?

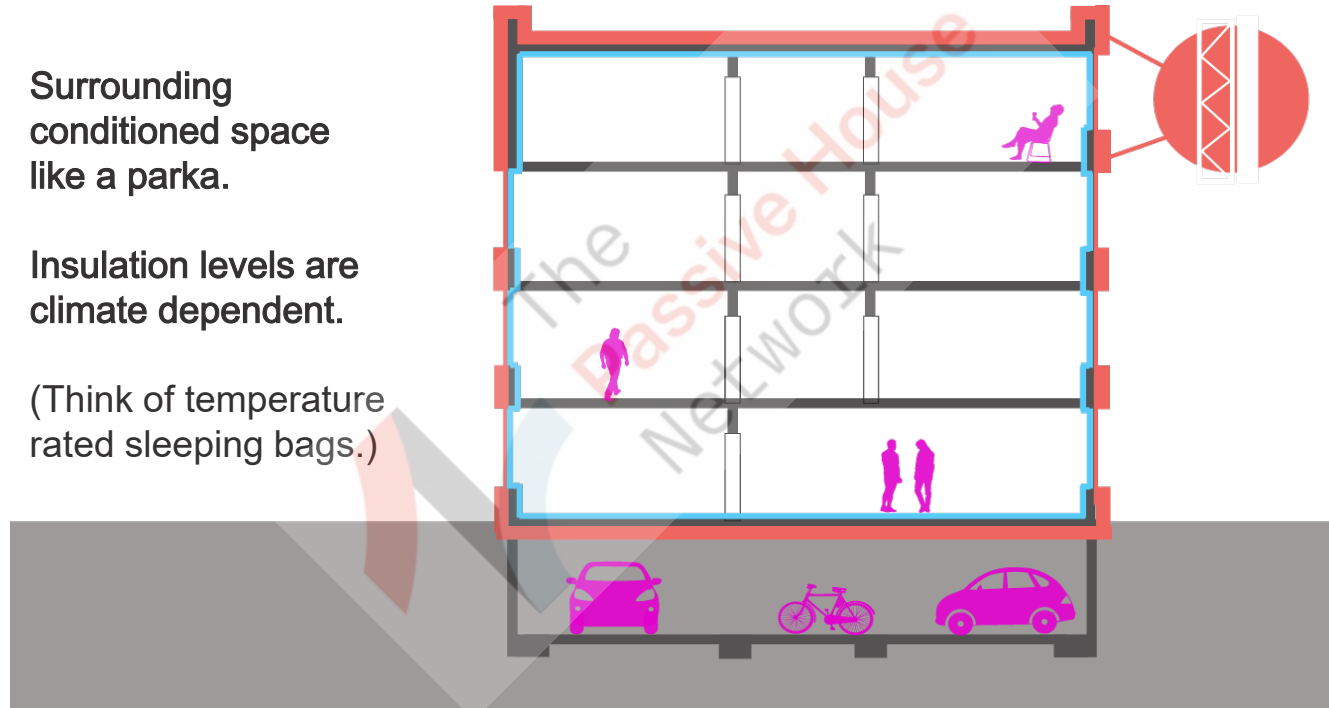


Right Sized Continuous Insulation

Surrounding
conditioned space
like a parka.

Insulation levels are
climate dependent.

(Think of temperature
rated sleeping bags.)





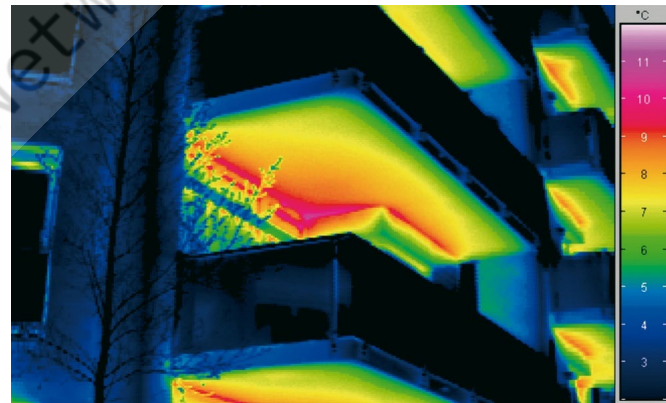
Passive House Methodology

#2. Thermal Bridge Free Enclosure:

Don't die by a thousand cuts.
Find the power in the connections.



Cold Surfaces, Mold, Condensation, Heat Loss



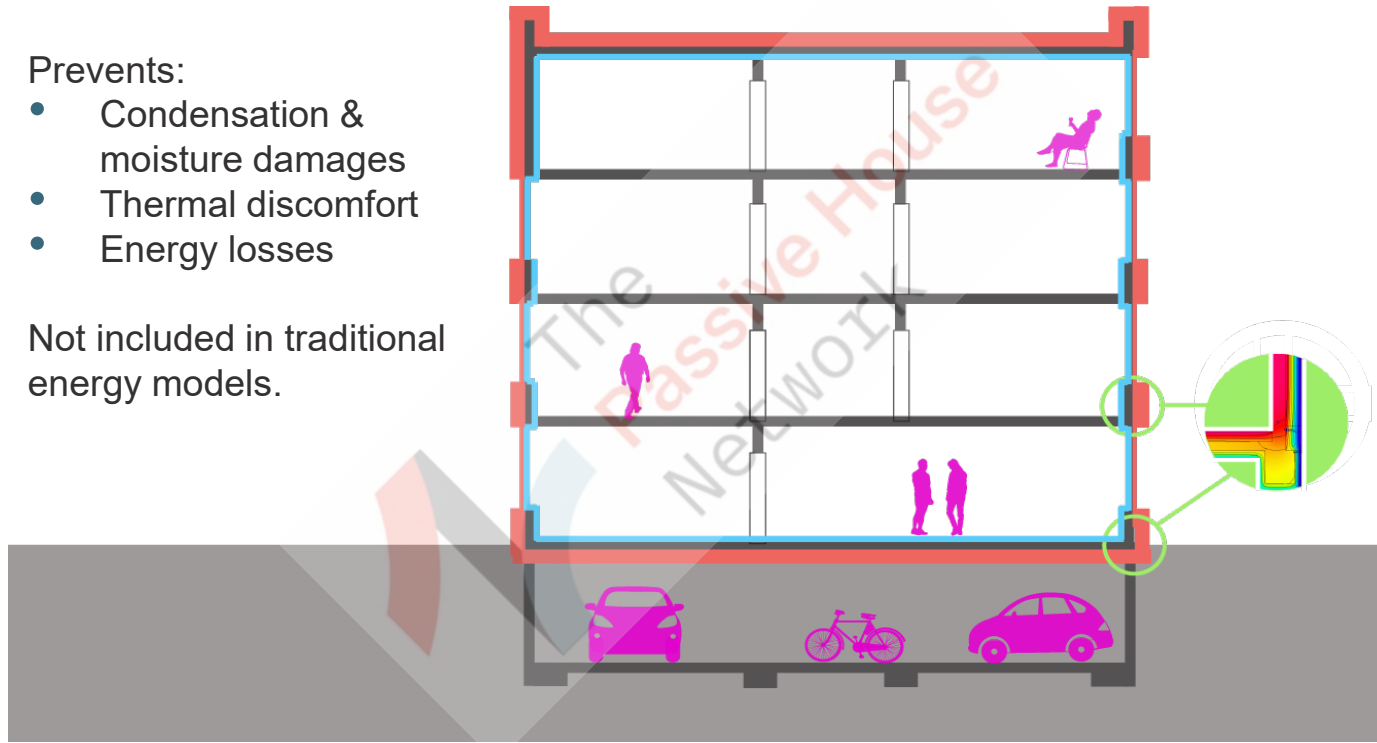


No Thermal Bridges

Prevents:

- Condensation & moisture damages
- Thermal discomfort
- Energy losses

Not included in traditional energy models.



Eliminate and calculate lowers risks and increases predictability.



Methodology

#3. An Airtight Enclosure:

No, it's not suffocating.
It's Liberating!



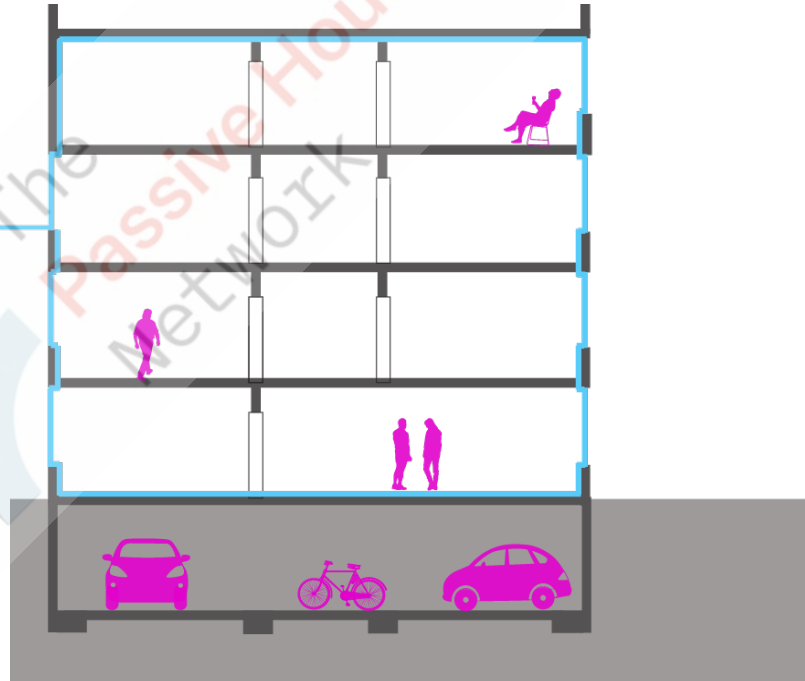
Make it Airtight: Continuous Air barrier

Airtightness is a driving force of performance.

- Reduce drafts
- Reduce possibility of moisture damage to envelope



- Reduce heat loss (winter)
- Reduce humidity (summer)
- Provides peace & quiet
- Supports healthy indoor air





Passive House Methodology

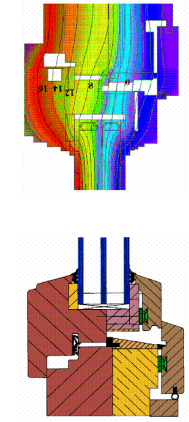
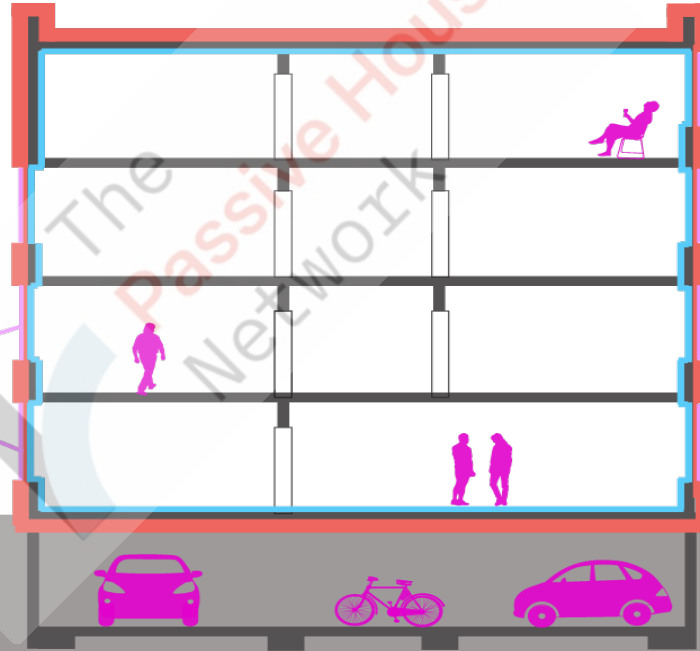
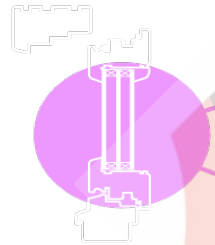
#4. High -Performance Windows & Doors with Solar Protection:

Not a “Passive Solar” Building.
Show -off restraint & balance.



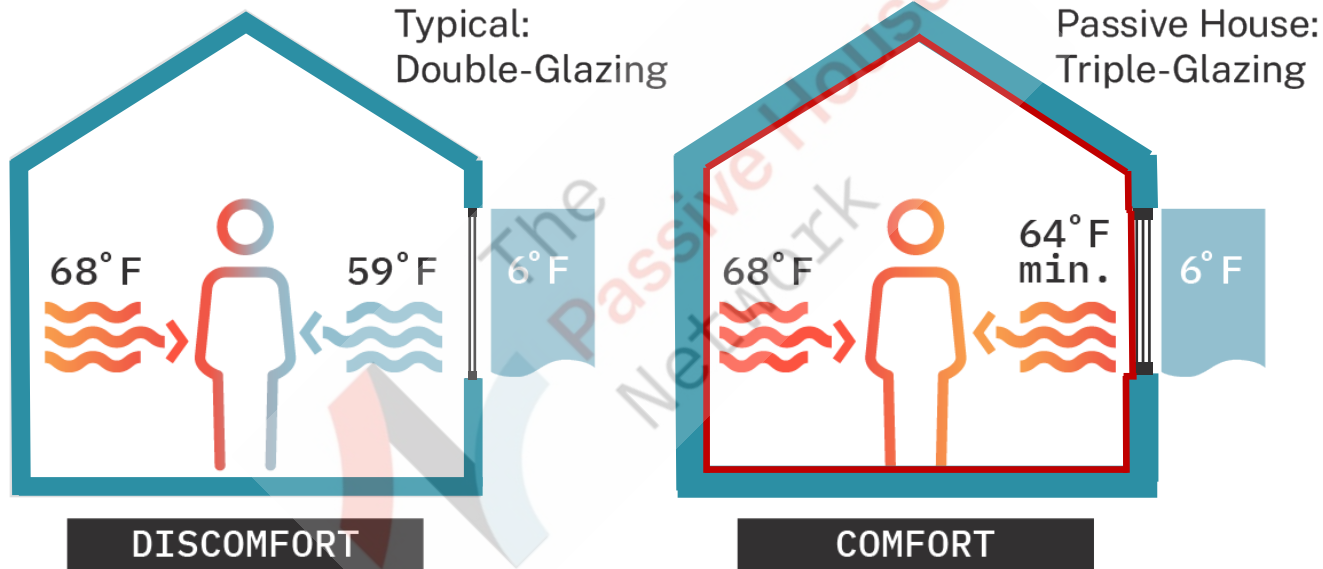
Be Smart with Windows and Shading

- Performance criteria are climate dependent
- Must maintain enclosure continuity of airtightness and insulation.





Thermal Continuity = Comfort



**Even temperatures allows
removal of perimeter
mechanical systems**

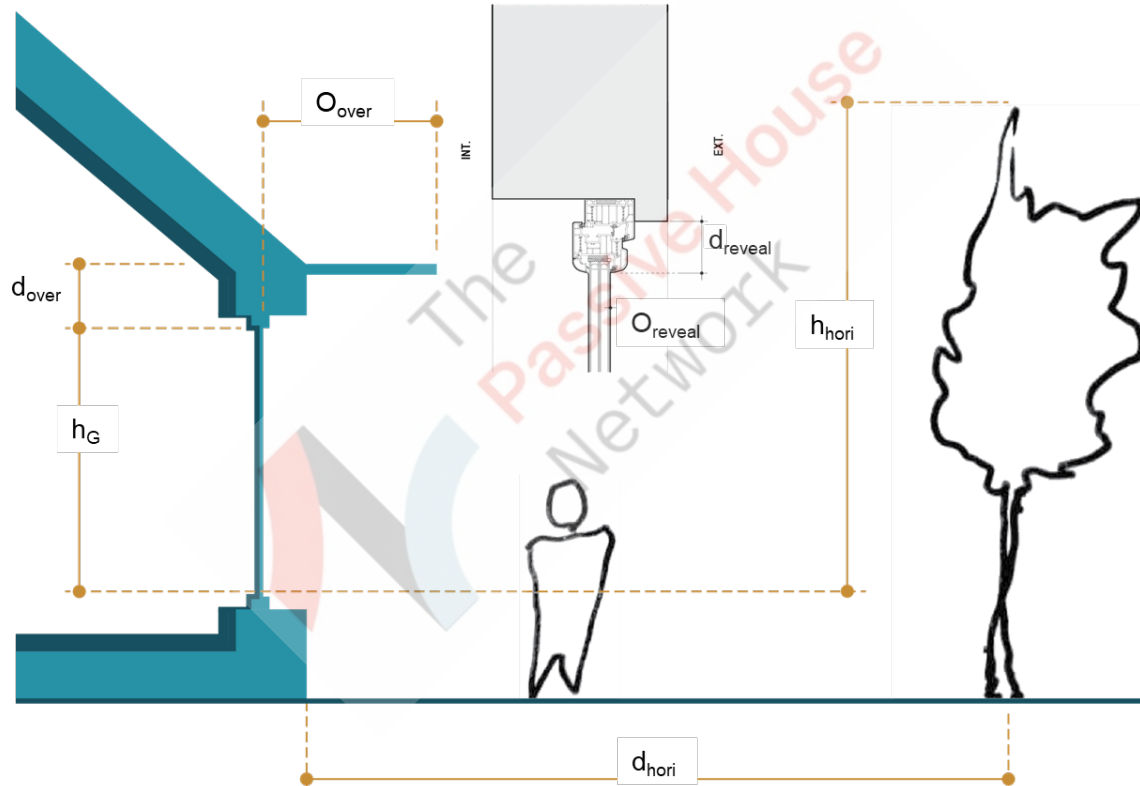


Thermal Continuity = Comfort





Shading to Be Considered





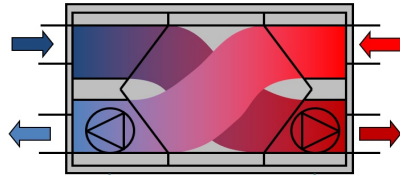
Passive House Methodology

#5. High -Efficiency Heat Recovery Ventilation:

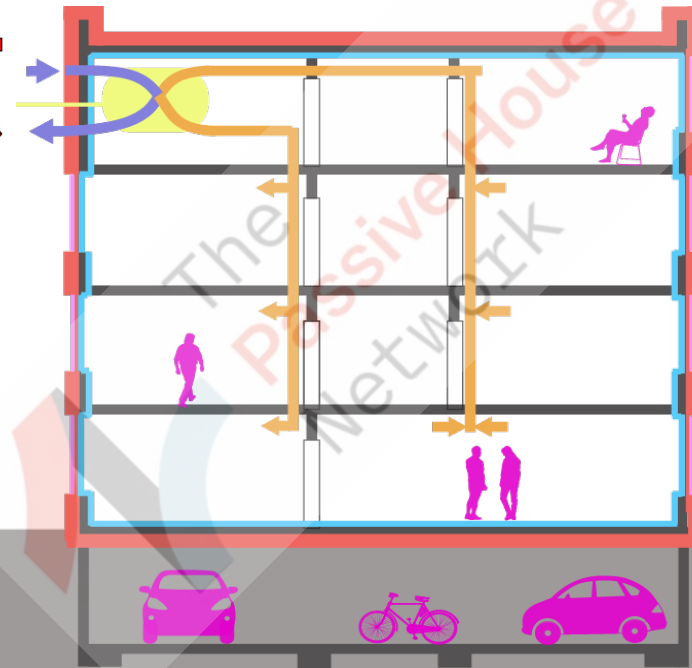
Hygienic Ventilation is a
foundational goal



Original Concept: Hygienic Ventilation



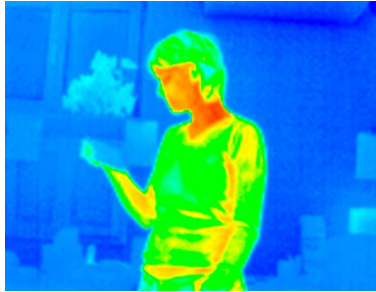
Passive Heat/Energy
Exchange Cores



- Zero recirculation
- Clean, filtered fresh air all year round
- Reduced heat loss in winter
- Reduced humidity in summer



Optimize Passive Internal Heat Gains



People



Appliances & Equipment

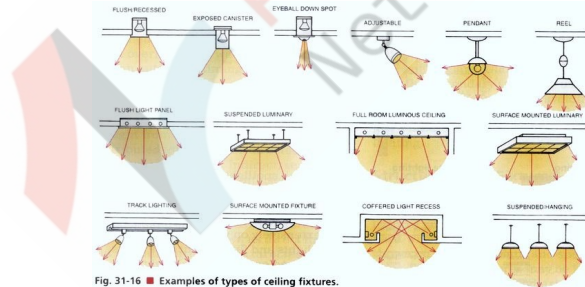


Fig. 31-16 ■ Examples of types of ceiling fixtures.

Lighting & Mechanical Systems

Active Heating, Cooling & Dehumidification?

Typically, likely & maybe.

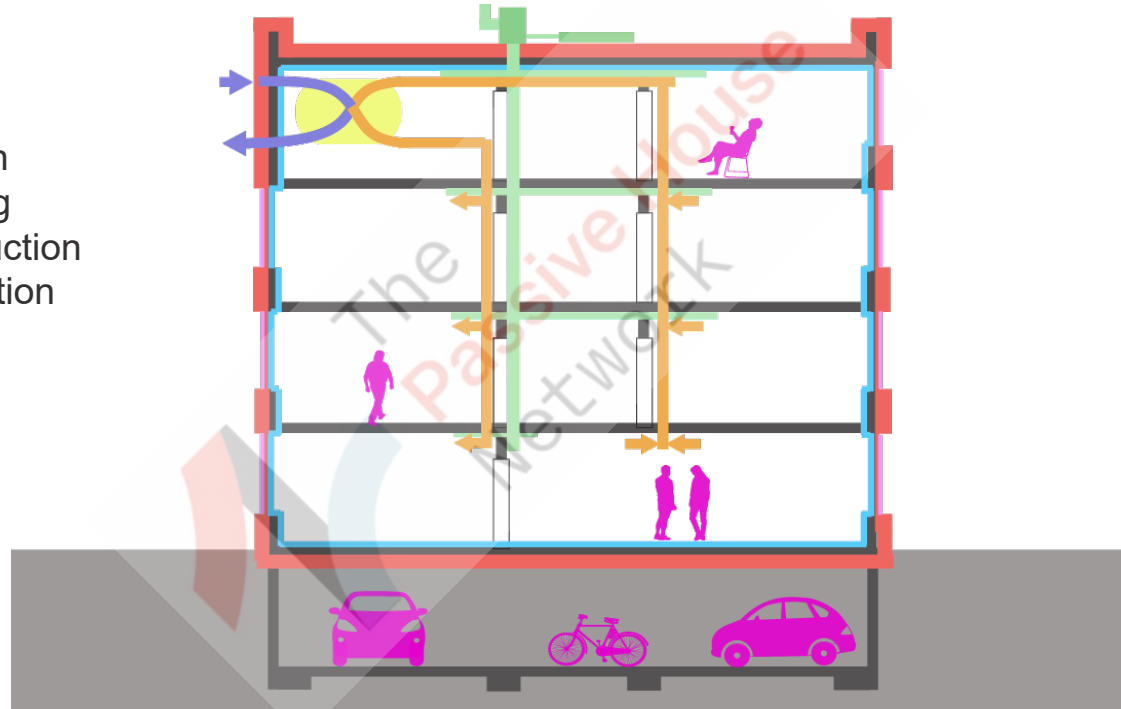
(It's an optimized building not a magical one)





Right Size the Heating and Cooling

- 75% reduction in equipment sizing
- 90% usage reduction
- Efficient distribution
- Often all electric

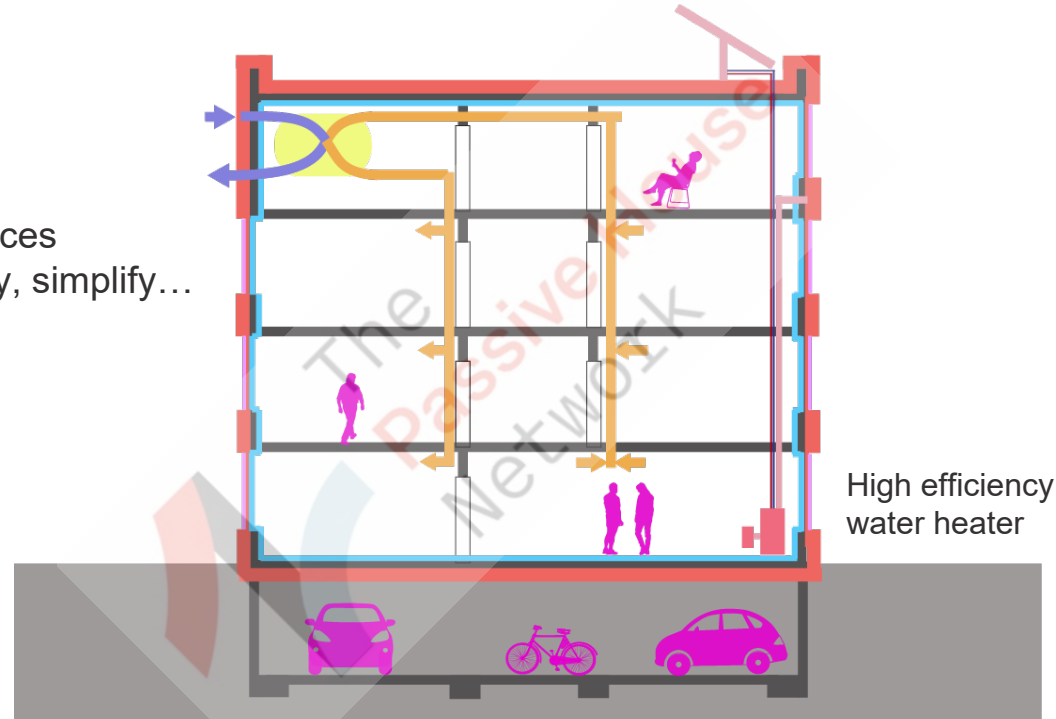


Typical to pull distribution to core of building.



Efficient Systems & Smart Systems

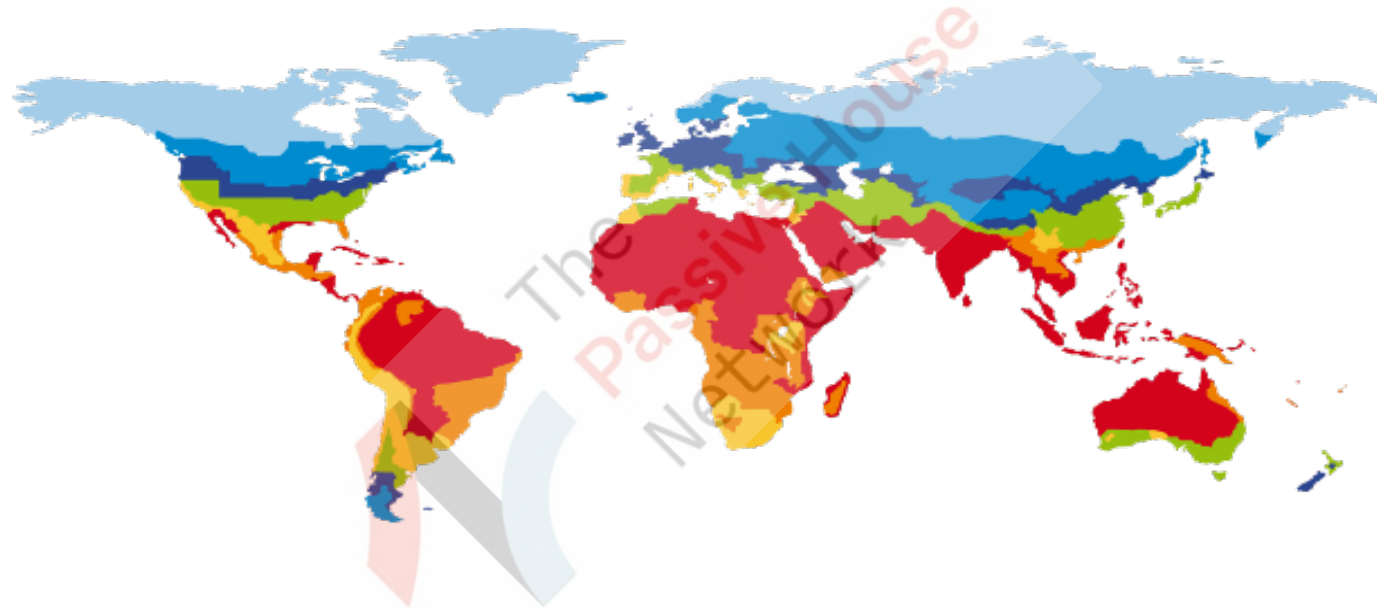
- Efficient lighting
- Efficient appliances
- Simplify, simplify, simplify...



Smart systems should enhance high -performance,
not compensate for poor performance.



Global Application



Basic principles have local solutions.



China





United Kingdom





Congo: Belgian Embassy





Australia: University Building for Technology & Design





Pennsylvania





Vermont: Musicians Retreat





Vermont





Let's Seize the Power of Buildings with Passive House





Global Knowledge. Regional Context. Local Application

THANK YOU

www.naphnetwork.org



The **Passive House** Network



International

PASSIVE HOUSE

Association



iPHA






Upcoming Training

INTRODUCTORY

Introduction to Passive House Retrofits

LIVE-ONLINE



Certified Passive House Designer Course

June 26-30th

A free, 5-day in-person
course in Santa
Barbara for qualified
professionals.





**Seize the power of
Passive House.**

The
Passive House
Network

Closing

- Continuing Education Units Available
 - Contact shuskey@co.slo.ca.us for AIA LU/ HSW
- Coming to Your Inbox Soon!
 - Slides, Recording, & Survey – Please Take It and Help Us Out!
- Upcoming Courses:
 - March 8 - [2022 Energy Code: Accessory Dwelling Units \(ADUs\)](#)
 - April 6 - [2022 Energy Code: Multi-Family](#)
 - April 6 - [High Performance Buildings & Careers – Class 1: High Performance Fundamentals Series](#)
 - April 11 - [Heat Recovery Ventilation in Existing Multifamily Buildings](#)
 - April 18 - [Electrification Products for the Central Coast Climate](#)
 - April 20 - [Using Building Science to Design and Build High Performance Homes – Class 2: High Performance Fundamentals Series](#)





Thank you!

For more info:
3c-ren.org

For questions:
info@3c-ren.org



TRI-COUNTY REGIONAL ENERGY NETWORK
SAN LUIS OBISPO • SANTA BARBARA • VENTURA