

We will be starting soon!

Thanks for joining us



Recovery Ventilators: Energy Savings and Compliance Credit in the 2022 Energy Code



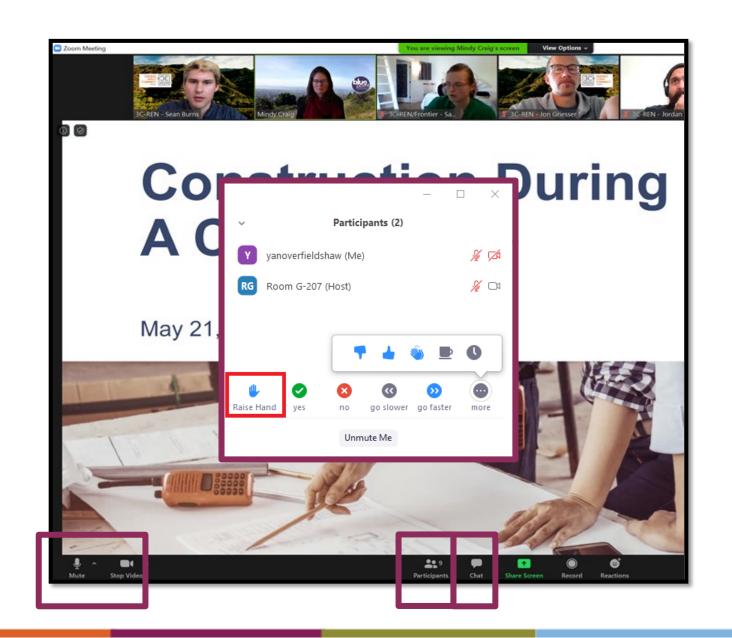
Nick Brown – Build Smart Group

March 5, 2024



Zoom Orientation

- Please be sure your full name is displayed
- Please mute upon joining
- Use "Chat" box to share questions or comments
- Under "Participant" select "Raise Hand" to share a question or comment verbally
- The session may be recorded and posted to 3C-REN's on-demand page.
 Feel free to ask questions via the chat and keep video off if you want to remain anonymous in the recording.



3C-REN: Tri-County Regional Energy Network

- Three counties working together to improve energy efficiency in the region
- Services for
 - Building Professionals: industry events, training, and energy code compliance support
 - Households: free and discounted home upgrades
- Funded by ratepayer dollars that 3C-REN returns to the region











- Serves all building professionals
- Three services
 - Energy Code Coach
 - Training and Support
 - Regional Forums
- Makes the Energy Code easy to follow

Energy Code Coach: 3c-ren.org/codes 805.781.1201

Event Registration: **3c-ren.org/events**





- Serves current and prospective building professionals
- Expert instruction:
 - Technical skills
 - Soft skills
- Helps workers to thrive in an evolving industry

Event Registration: 3c-ren.org/events





Multifamily (5+ units)

- No cost technical assistance
- Rebates up to \$750/apartment plus additional rebates for specialty measures like heat pumps

Single Family (up to 4 units)

- Sign up to participate!
- Get paid for the metered energy savings of your customers

Enrollment: 3C-REN.org/contractor-participation





RECOVERY VENTILATORS

ENERGY SAVINGS AND COMPLIANCE CREDIT IN THE 2022 ENERGY CODE

NICK BROWN

President
Build Smart Group
Long Beach





OUR TIME TOGETHER



Recovery Ventilators

IAQ appliances and HVAC energy savers in one



Energy Savings

How much energy do RVs save in various California climate zones?



Mechanical Ventilation

Why the energy code requires it and how much is needed



Compliance Credit

How much do RVs help comply with Title 24?



How RVs Work

Balanced ventilation with heat recovery



Tips for Specifying RVs

Making sure the right RV is installed right

BASED ON RESEARCH FOR:











RECOVERY VENTILATORS: IMPACT ON MODELED ENERGY USE, ENERGY CODE COMPLIANCE, GREENHOUSE GAS EMISSIONS, AND PEAK ELECTRICITY DEMAND IN CALIFORNIA HOMES AND MULTIFAMILY BUILDINGS

February 16, 2022

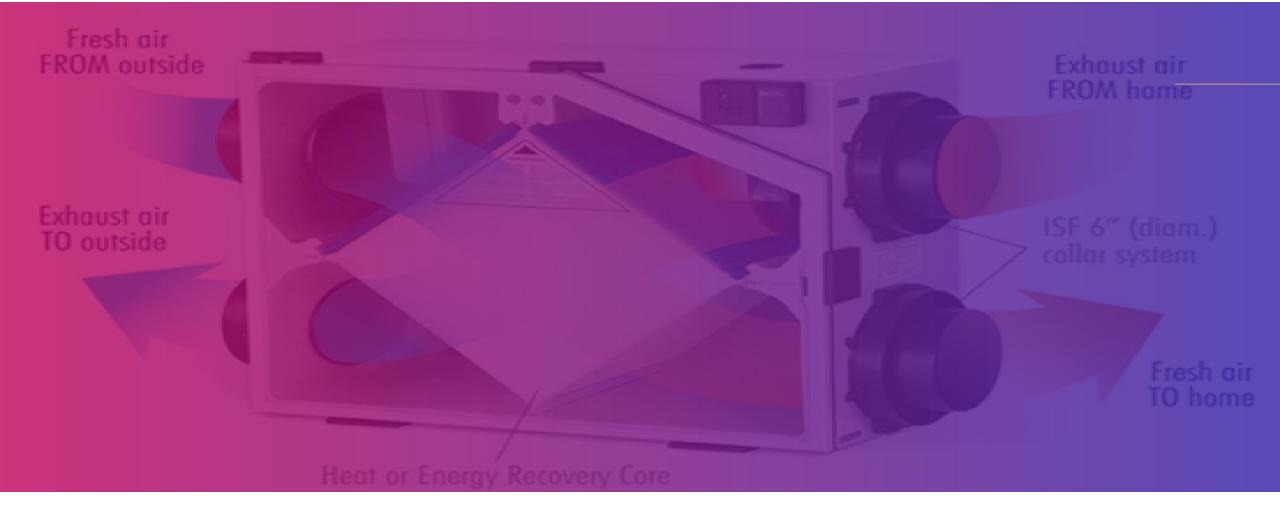
By Nick Brown, Build Smart Group & Luke Morton, Morton Green Building Services



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What does "Heat Recovery Ventilators" make you think?



RECOVERY VENTILATORS

Let You Live Better, Sleep Better, and Work Better, and Your HVAC Run Better

WHY RECOVERY VENTILATORS?

Indoor Air Quality

- RVs provide continuous ventilation for indoor spaces to dilute pollutants and enhance IAQ
- They ventilate more effectively than spot ventilation fans such as bathroom exhaust
- They keep neutral pressure in the home, which improves control of IAQ

Energy Savings

- RVs temper the incoming fresh air using the outgoing stale air
- This reduces the burden on the space conditioning system

WHY RECOVERY VENTILATORS?

Energy Code Compliance

- RVs are one of the most powerful compliance credits available because of the energy savings they can generate
- By using RVs in your energy models, you can compensate for features that are not up to code, add extra glazing, etc.

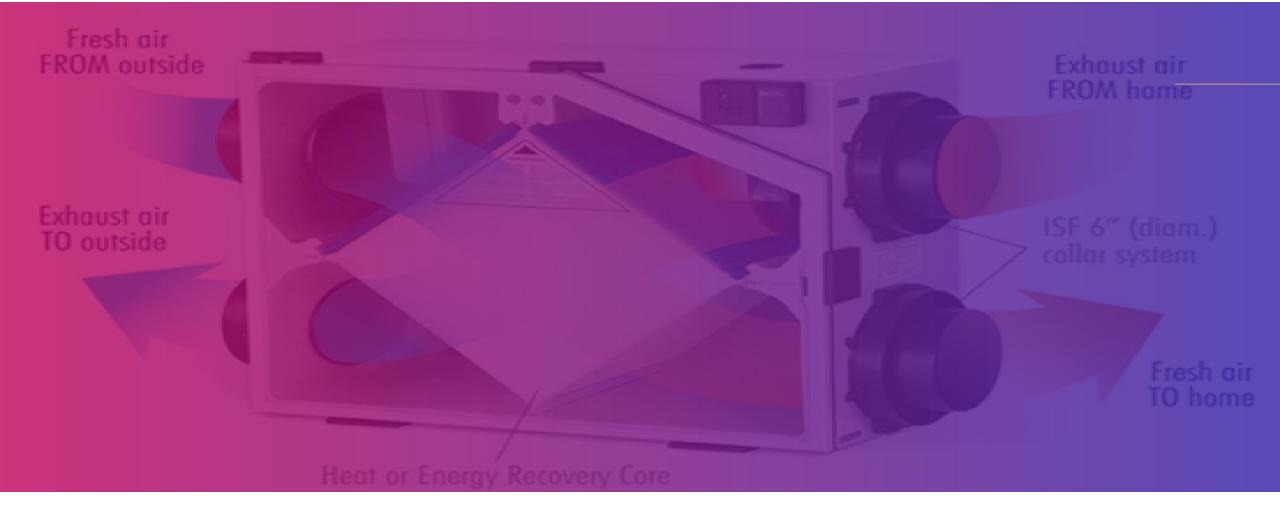
Health

- RVs allow you to boost ventilation in your home when needed, when the house is full or germs are going around
- By getting fresh air behind closed bedroom doors and into home offices, you perform better

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What is your experience level with RVs?



MECHANICAL VENTILATION

Why we need it, How to do it, How much?

INDOOR AIR QUALITY

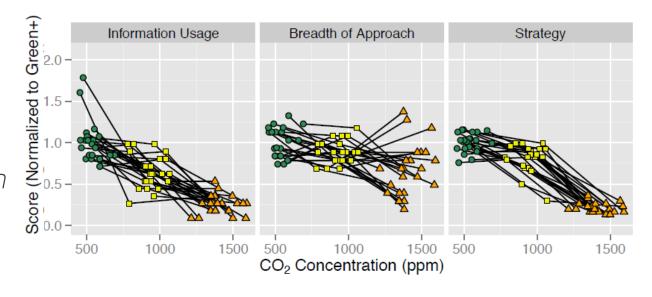
- Source Control
- Dilution of Pollutants
 - Mechanical Ventilation
 - Spot sources
 - Bathrooms
 - Kitchens
 - Whole home

- Mechanical Ventilation
 - ASHRAE 62.1 (nonres) & 62.2 (residential)
 - Title 24 adopts ASHRAE
 62.2 for residential standards

INDOOR AIR QUALITY

- "Increasing ventilation rates will reduce respiratory illness and associated sick leave, reduce sick building symptoms, and increase productivity"
 - ~ California Energy Commission
- "Reduced ventilation brought down people's ability to think and perform higher order analysis by 60%"

~ Harvard study



Allen, MacNaughton, et al, "Associations of Cognitive Function Scores with Carbon Dioxide, Ventilation, ..." Environmental Health Perspectives, October 2015

Range Hoods



New Standards Introduced for 2022



HERS Verification Required

- → Must meet requirements of Table 150.0-G by EITHER:

 - ♦ Air flow (cfm)
- Higher air flow and CE required for gas ranges.
- → In all cases, max 3.0 sones applies via ASHRAE 62.2, Section 7.2

Dwelling Unit Floor Area (ft²)	Hood Over Electric Range	Hood Over Natural Gas Range		
>1500	50% CE or 110 cfm	70% CE or 180 cfm		
>1000 - 1500	50% CE or 110 cfm	80% CE or 250 cfm		
750 - 1000	55% CE or 130 cfm	85% CE or 280 cfm		
<750	65% CE or 160 cfm	85% CE or 280 cfm		



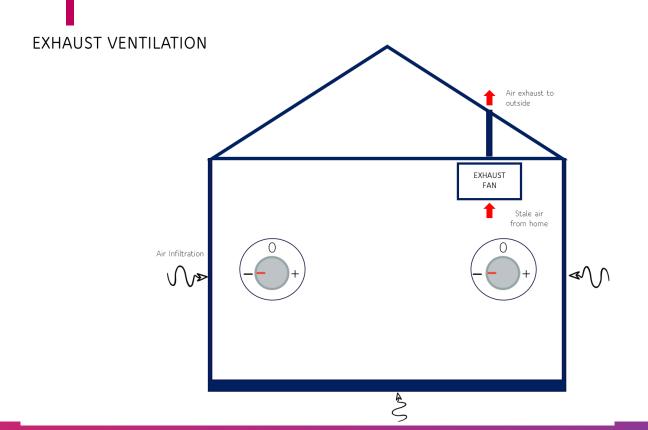
HOW TO VENTILATE?

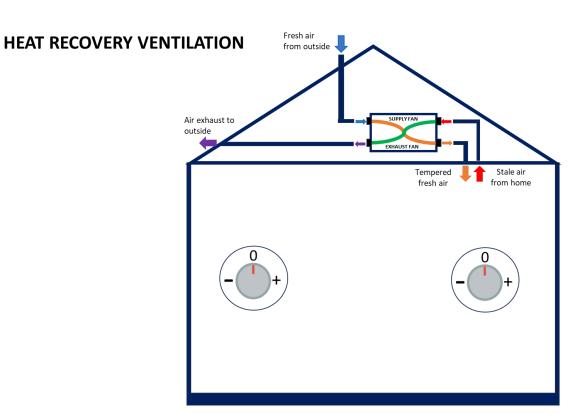
All new homes must have continuously operating mechanical ventilation systems (or equivalent intermittent)

- Exhaust only
- Supply only
- Balanced



WHAT KIND OF VENTILATION?





HOW MUCH VENTILATION?

2022 Energy Code requires minimum whole house ventilation rate:

Total Required Ventilation Rate (Equation 150.0-B)

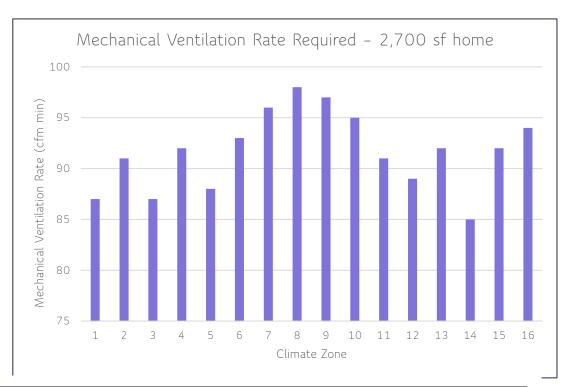
$$Q_{tot} = 0.03 \times A_{floor} + 7.5 \times (N_{br} + 1)$$

 Q_{tot} = Total required ventilation rate, cfm

 A_{floor} = Dwelling-unit floor area, ft^2

 N_{br} = Number of bedrooms (not to be less than 1)

Note that the Fan airflow is determined using Q_{tot} and several equations to represent air infiltration.



INDOOR AIR QUALITY (IAQ) FANS									
01	02	03	04	05	06	07	08	09	
Dwelling Unit	Airflow (CFM)	Fan Efficacy (W/CFM)	IAQ Fan Type	Includes Heat/Energy Recovery?	IAQ Recovery Effectiveness - SRE	Includes Fault Indicator Display?	HERS Verification	Status	
SFam IAQVentRpt	84	0.35	Exhaust	No	n/a	No	Yes		



VENTILATION AFTER COVID-19

- Air flow rates often set higher than code minimum
- Filtering return air more important
- Air cleaners, UV lights gained traction



Sci Rep. 2019; 9: 2185,

Published online 2019 Feb 18. doi: 10.1038/s41598-019-38825-y

PMCID: PMC6379436

PMID: 30778136

Setting ventilation to code requirement = Vaccinating 50-60% against flu

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Lausanne, Switzerland

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#Contributed equally.

Received 2018 Feb 23; Accepted 2018 Dec 19.

VENTILATION AFTER COVID-19

- "You building designers have a bigger impact on health than we clinicians"
- "Darn architects put wood on the walls [of our hospital] and it was peeling off the walls because it was dry in there. We added humidity to keep the wood trims on the wall and brought down infection rates by accident."

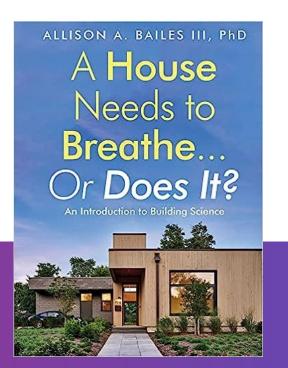


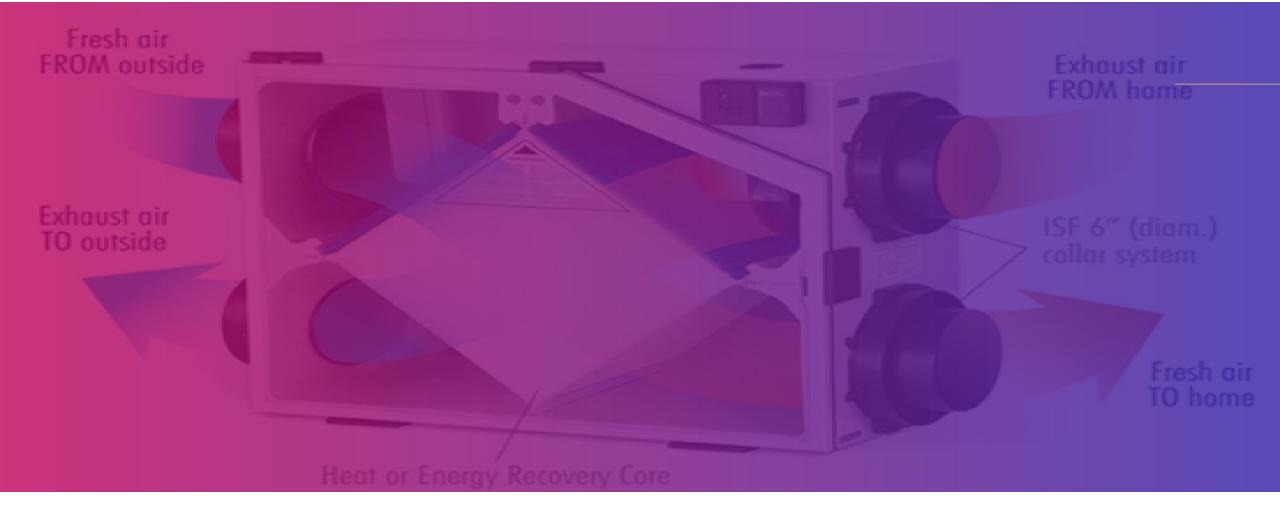


TO "E" OR TO "H"; THAT IS THE QUESTION

- ERVs have membranes that temper the incoming air using the humidity of the exhaust air
- HRVs do not swap moisture (just heat)
- Title 24 doesn't care about E vs H when it comes to RVs ...
- But occupants might care
 Mild climates: HRVs better
 Other climates: ERVs better

- "The choice between an ERV and an HRV should land on ERV most of the time."
- "it's only in mild climates where it doesn't get too cold, humid, or dry where HRVs make sense..."

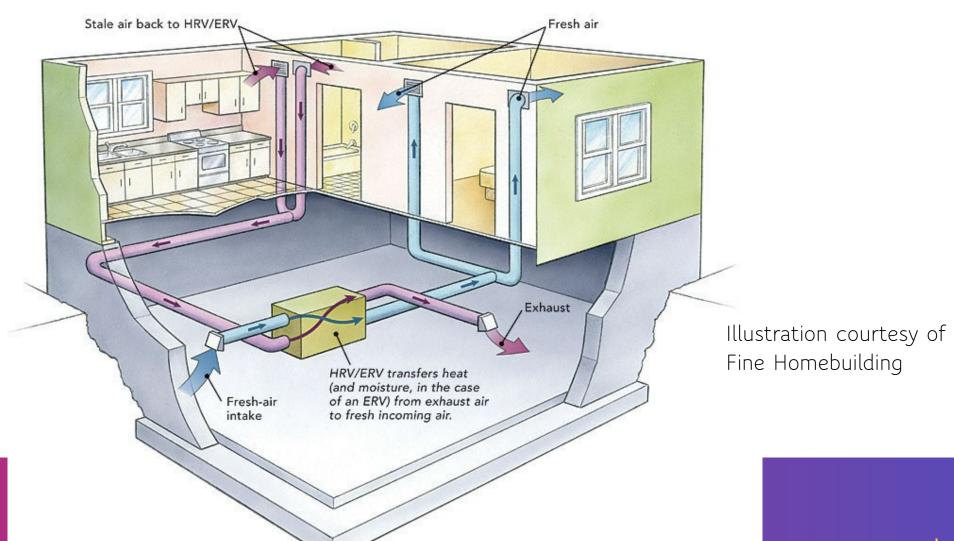




HOW RVs WORK

Fresh filtered supply air + Exhaust stale air + Heat recovery

HOW RECOVERY VENTILATORS WORK



HOW RECOVERY VENTILATORS WORK

- Fresh air brought in from known location & filtered
 - Supplied in ducts to bedrooms and living areas
- Stale air removed from areas with moisture
 - typically kitchen and bathrooms

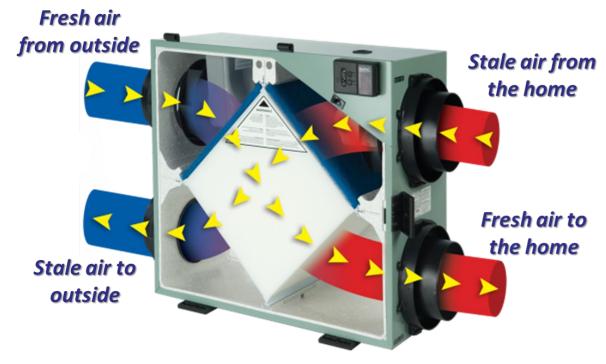
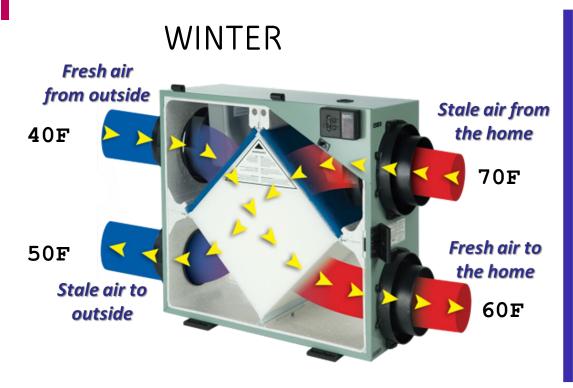
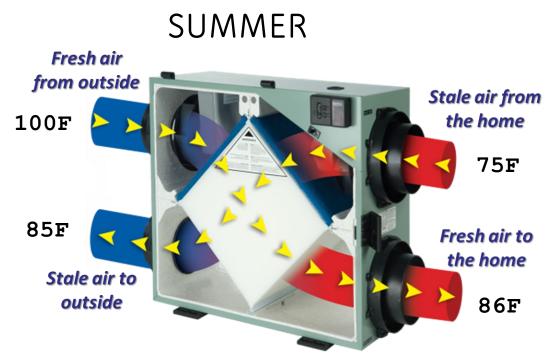


Illustration courtesy of Field Controls



THE HEAT RECOVERY PART





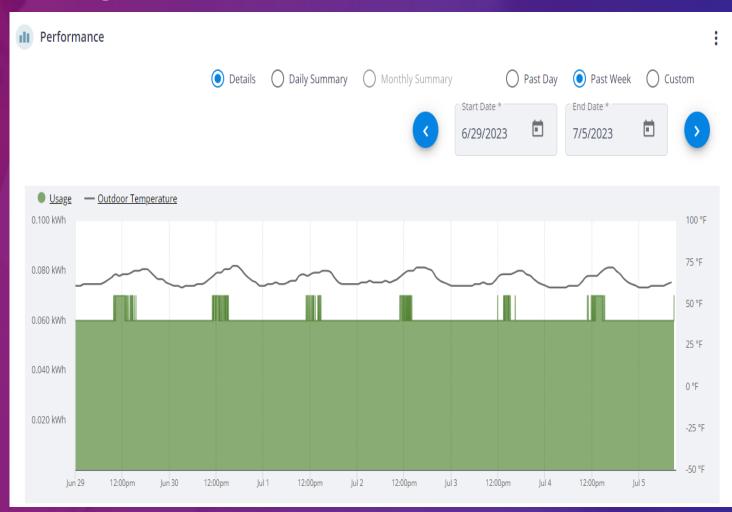
MY RECOVERY VENTILATORS





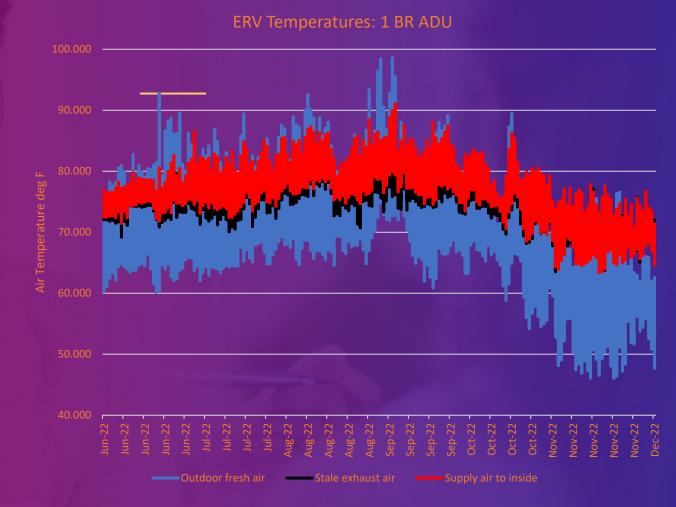
ADU ERV

- 60 Watts continuous
- 60 cfm
- Boosts up to 70 Watts when humidity spikes



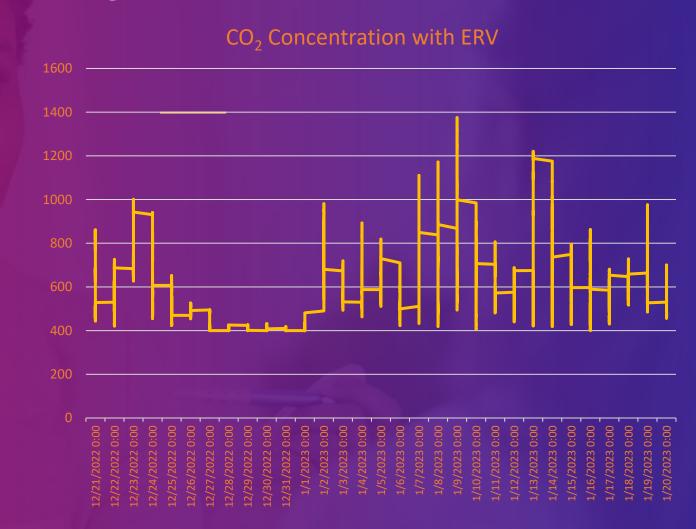
ADU ERV

- Supply air to space tempered in ERV
- Winter outdoor temps into 40s while supply air in mid-60s
- Summer outdoor temps to 100 while supply air in high-80s



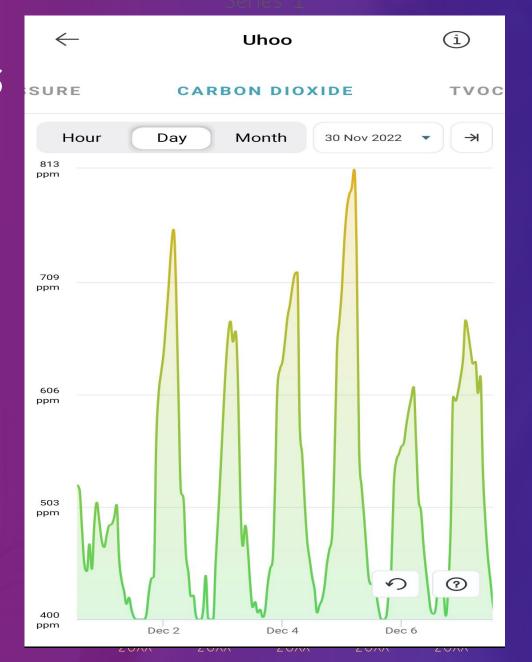
ADU ERV

- CO₂ maintained under 800 in Winter months with windows closed
- Spikes up to 1,400 cfm occur with extra people in space – hence the need for Boost mode



Fresh Air Behind Closed Bedroom Doors

CO₂ in bedroom spiked to 1,000-1,200 cfm during night time sleep before HRV connected With HRV, CO₂ spikes limited to 700-800 cfm



IAQ IMPACT



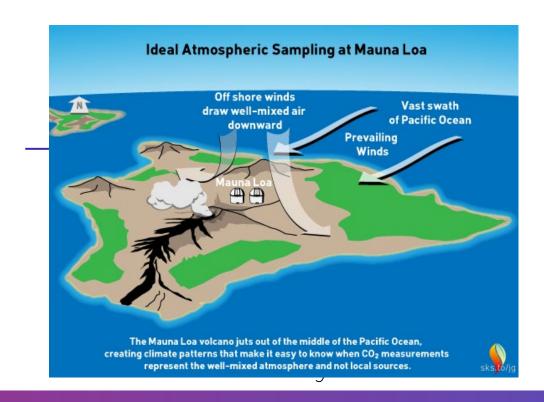


Recovery Ventilators 2022



HOW MUCH CO₂ IS TOO MUCH?

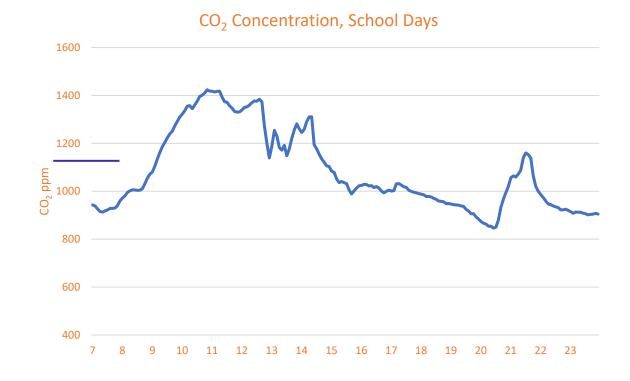
- Earth is at 421 ppm
- Harvard study used:
 950 ppm = typical indoor levels
 1,400 ppm = extreme
- CBRE used 800 ppm for their buildings
- Title 24 uses outdoor + 600 ppm for demand-control ventilation



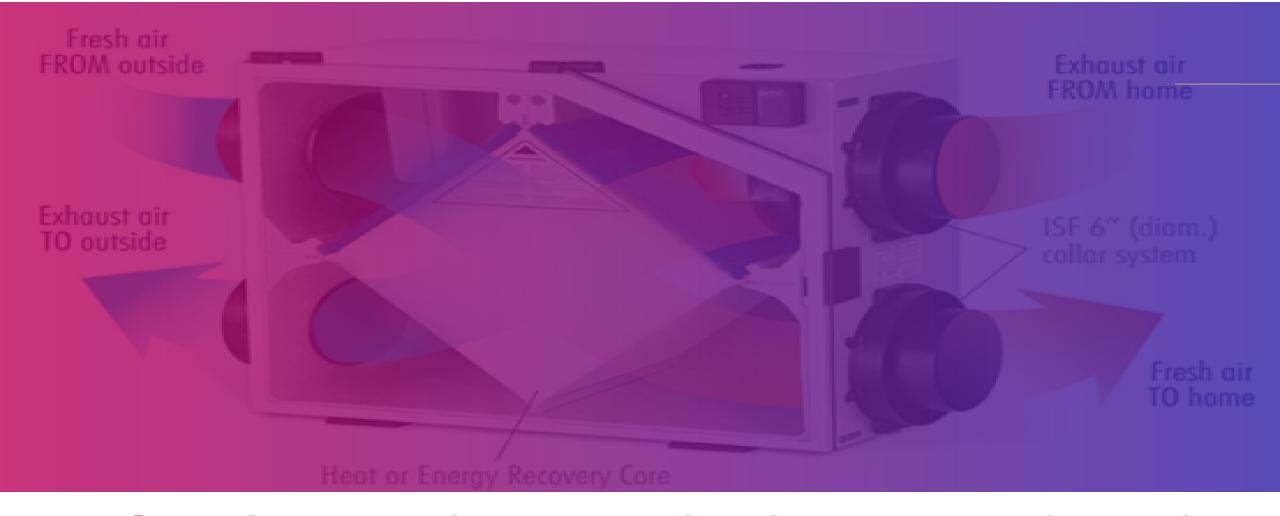


COVID19 CLASSROOM CASE STUDY

- CO₂ steadily climbed to 1,400 ppm with 3 students on hot September day with windows closed
- HRV at 30 cfm into classroom kept CO₂ under 1,000 ppm



Recovery Ventilators 2022



HOW MUCH ENERGY CAN THEY SAVE?

HVAC ENERGY SAVINGS

- Typical RVs: savings of 11-15% in CZ 1-5 vs exhaust only ventilation
- Best-in-Class RVs: 21-31% HVAC energy savings in CZ 1-5
- CZ 10-14 & 16 also show savings
- CZ 6-9 & 15 less well suited for energy savings with HRVs

The Math

TYPICAL RV

80 cfm exhaust fan: 28 Watts

80 cfm typical RV: ~56 watts

Annual extra ventilation energy = 245 kWh

Cooling energy savings, CZ5 = 0

Heating energy savings, CZ5 = 290 kWh

BEST-IN-CLASS RV

80 cfm B-I-C RV: ~40 Watts

Annual extra ventilation energy = 105 kWh

Cooling energy savings, CZ5 = 0

Heating energy savings, cZ5 = 395 kWh

HVAC ENERGY SAVINGS - TYPICAL RV

		HVAC Savings	HVAC Savings		Pct savings	Cooling Savings	Heating Savings	Ventilation
Climate Zone	HVAC Savings kWh	therms	mmbtu		HVAC mmbtu	kWh	kWh	Savings kWh
1	301.8	-		1.0	6.9%	-	482.6	(180.6)
2	76.2	-		0.3	3.0%	15.0	256.2	(195.4)
3	21.7	-		0.1	1.5%	-	218.3	(195.4)
4	(17.9)	-		(0.1)	-1.2%	2.7	179.9	(199.0)
5	45.1	-		0.2	3.0%	-	235.2	(189.0)
6	(115.5)	-		(0.4)	-16.3%	5.3	95.7	(215.3)
7	(138.9)	-		(0.5)	-24.5%	(2.3)	76.8	(211.5)
8	(166.7)	-		(0.6)	-16.7%	(15.6)	69.4	(218.4)
9	(126.8)	-		(0.4)	-10.8%	(6.1)	90.3	(209.4)
10	(97.1)	-		(0.3)	-5.8%	(12.1)	120.8	(204.2)
11	44.4	-		0.2	1.4%	12.9	231.5	(199.0)
12	6.5	-		0.0	0.3%	2.2	203.0	(197.5)
13	(17.4)	-		(0.1)	-0.6%	24.0	163.7	(204.2)
14	31.0	-		0.1	1.0%	4.2	218.2	(190.4)
15	(103.5)	-		(0.4)	-2.3%	71.1	26.3	(199.0)
16	173.3	-		0.6	3.8%	(1.1)	376.1	(200.5)

Table 5: Impact of Changing Ventilation from Exhaust to HRV in 1-story Single Family Home with Heat Pump

HVAC ENERGY SAVINGS - B-I-C RV

Table 5: Energy impact of Best-in-class HRV in 2100 sq ft SFH with HP

	HVAC Savings	HVAC Savings	HVAC Savings	Pct savings	Cooling Savings	Heating Savings	Ventilation Savings
Climate Zone	kWh	therms	mmbtu	HVAC mmbtu	kWh	kWh	kWh
1	720.3	-	2.5	16.6%	-	810.1	(89.8)
2	394.3	-	1.3	15.7%	17.1	478.3	(101.0)
3	259.7	-	0.9	17.4%	-	360.7	(101.0)
4	200.8	-	0.7	13.9%	4.7	299.9	(103.7)
5	299.6	-	1.0	19.9%	-	395.7	(96.1)
6	42.2	-	0.1	5.7%	2.2	156.1	(116.2)
7	(5.2)	-	(0.0)	-1.5%	(10.0)	118.1	(113.3)
8	(27.7)	-	(0.1)	-3.1%	(18.1)	109.0	(118.6)
9	38.7	-	0.1	3.1%	(2.2)	152.5	(111.6)
10	101.0	-	0.3	5.9%	(1.2)	209.9	(107.7)
11	341.2	-	1.2	10.6%	47.9	397.0	(103.7)
12	267.0	-	0.9	9.2%	12.3	357.3	(102.6)
13	249.8	-	0.8	8.1%	64.6	292.9	(107.7)
14	337.2	-	1.1	10.6%	32.4	402.1	(97.2)
15	110.4	-	0.4	2.4%	180.6	33.6	(103.7)
16	554.4	-	1.9	12.2%	(4.8)	664.1	(104.9)

BEST-IN-CLASS RVs CAN DO MORE

- Ventilation Cooling via Bypass mode
 - Small Planet Supply study found 50 kWh cooling savings possible (Zehnder)
- Boost mode when added air flow needed
- Humidistat drives boost after a shower
- Demand control ventilation via CO₂ sensors









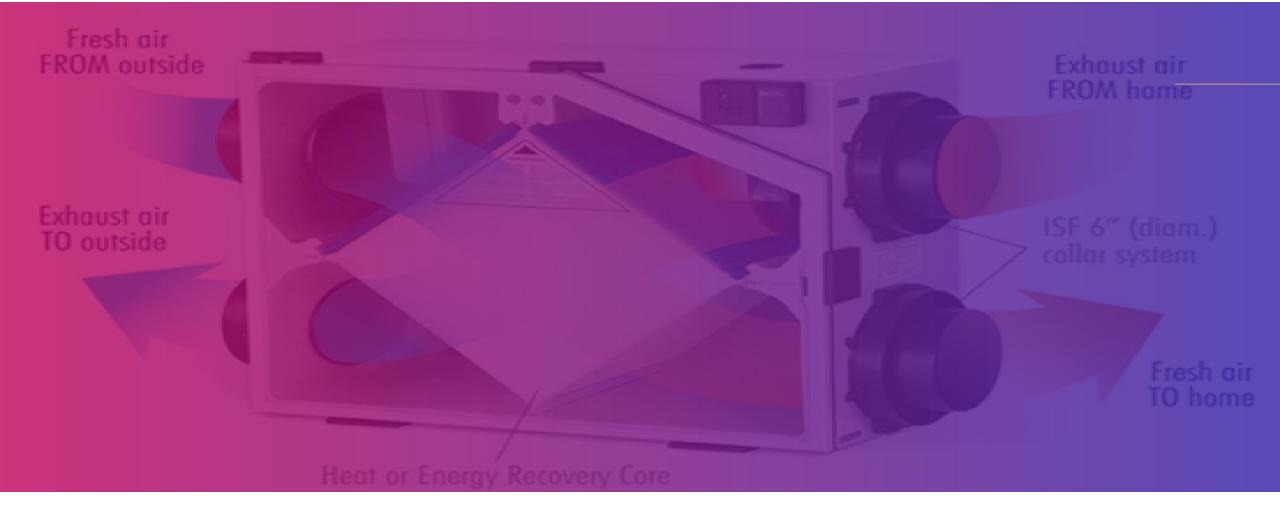




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What is the trade-off we make when using RVs?

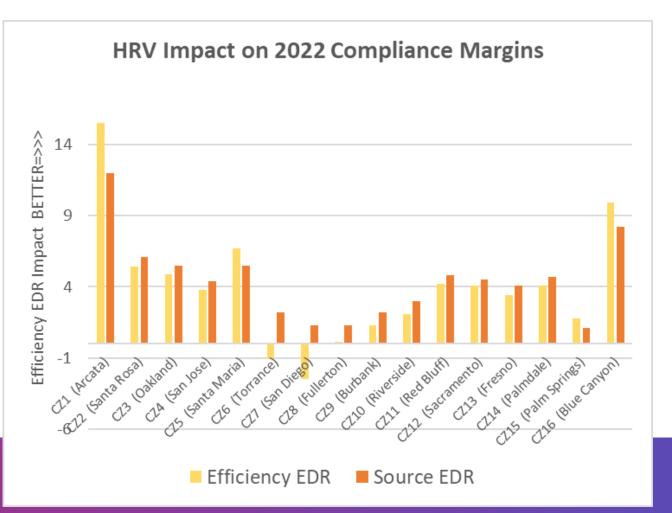


CODE COMPLIANCE & RVs

Miracle Workers in a White Box

RVs ARE POWERFUL IN COMPLIANCE

- Typical RVs:
 Efficiency EDR Impact ~10%
 Highest in CZ 1,2,3,5,16
- B-I-C RVs: Efficiency EDR Impact ~14%



WHAT ABOUT MULTIFAMILY?

HRV Impact on Multifamily 2022 Compliance Margins

Multifamily is Different

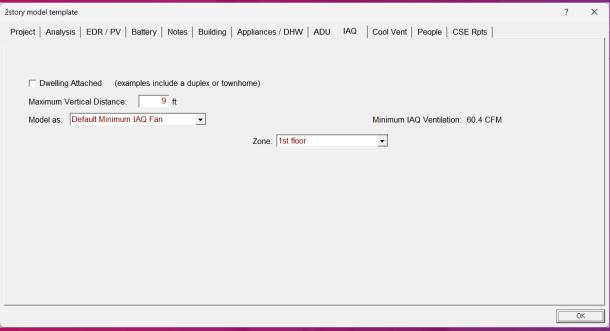
Title 24 requires balanced ventilation in multifamily units

- Unless builder does blower door testing on all units
 Therefore, no added fan energy to upgrade to RV
- Energy savings larger
- Title 24 compliance impact larger than single family

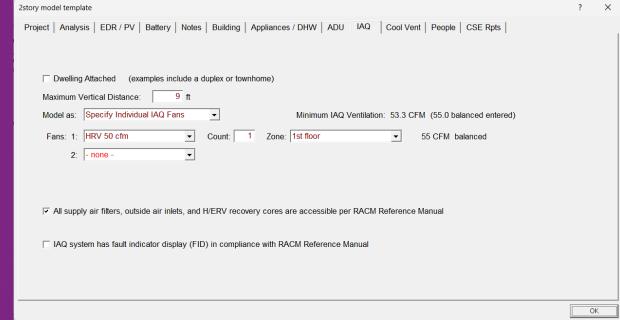


MODELING RVs

Default exhaust ventilation



RV added

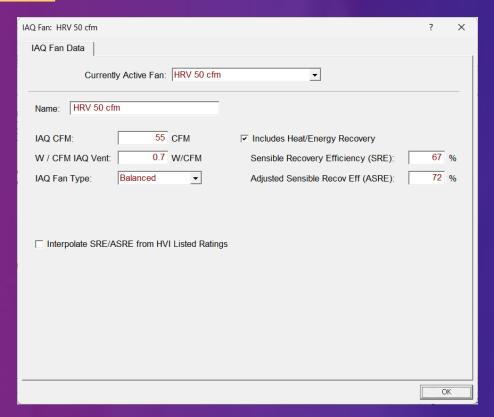


MODELING RVs

What Happens When I add an RV?

- Proposed Design:
 - Airflow you entered
 - Watts per CFM you entered
 - Outdoor air cfm at temperature calculated using Recovery Efficiency you entered
- Standard Design
 - Airflow you entered up to 125% of code minimum
 - Watts per CFM is default (0.70)
 - Outdoor air cfm at actual outdoor temperatures (no heat recovery)

Defining the RV



RV CASE STUDY

6 new duplexes Los Angeles, CZ 8 Original compliance models had:

- VCHP credit for ductless minisplit heat pump
- Condensing gas tankless WH uef .95 Builder missed those features, instead used:
- Central ducted heat pump
- Standard gas tankless WH uef .81



HOW RVs CAN SAVE A PROJECT



Nick Brown <nick@buildsmartgroup.com>

Jun 22, 2023, 2:02 PM







Guys:

I have done the what-ifs on 36th Street and have two options for you to get these to comply with Title 24. If you remember, we specified the VCHP credit for HVAC and a condensing gas tankless with uef=0.95 for water heating but they did a ducted standard heat pump (16 SEER, 9 HSPF) and standard gas tankless (uef=0.81). As a result, we were tight on compliance with margins of 0.1 and 0.2 on Units 1-4 (5&6 were not as tight), so we have to compensate for the extra energy use. Here are two options:

- 1) Add rigid foam to walls R-4 and above roof deck R-6 or more
- 2) Add a heat recovery ventilator. You will need to find space for the 4" ducts to get the air around the house and inlet and outlet through the walls somewhere, or we may be able to make do with two through-the-wall units that attach to the wall and don't need ducts

What do you think the client's preference would be? I've modeled these options on Units 1&2 and they seem like they could do the trick. I assume if it works on 1&2, it will work on units 3-6 as well.

Nick

As-Built

With HRV 72% SRE, 0.6 W/cfm

36th St. Duplexes Building A Un	it 1 asbuilt v2
---------------------------------	-----------------

Compliance Summary | CO2 Emissions | Energy Design Rating | Energy Use Details | CO2 Details

	Energy Design	Ratings:	Compliance Margins:		
	Efficiency ¹ Total ² (EDR) (EDR)		Efficiency ¹ (EDR)	Total ² (EDR)	
Standard Design	45.9	20.7			
Proposed Design	47.1	21.9	-1.2	-1.2	

Result³: DOES NOT COMPLY

- ¹ Efficiency measures include improvements like a better building envelope and more efficient equipment
- ² Total EDR includes efficiency, photovoltaics and batteries
- ³ Building complies when all efficiency and total margins are greater than or equal to zero Standard Design PV Capacity: 2.78 kWdc

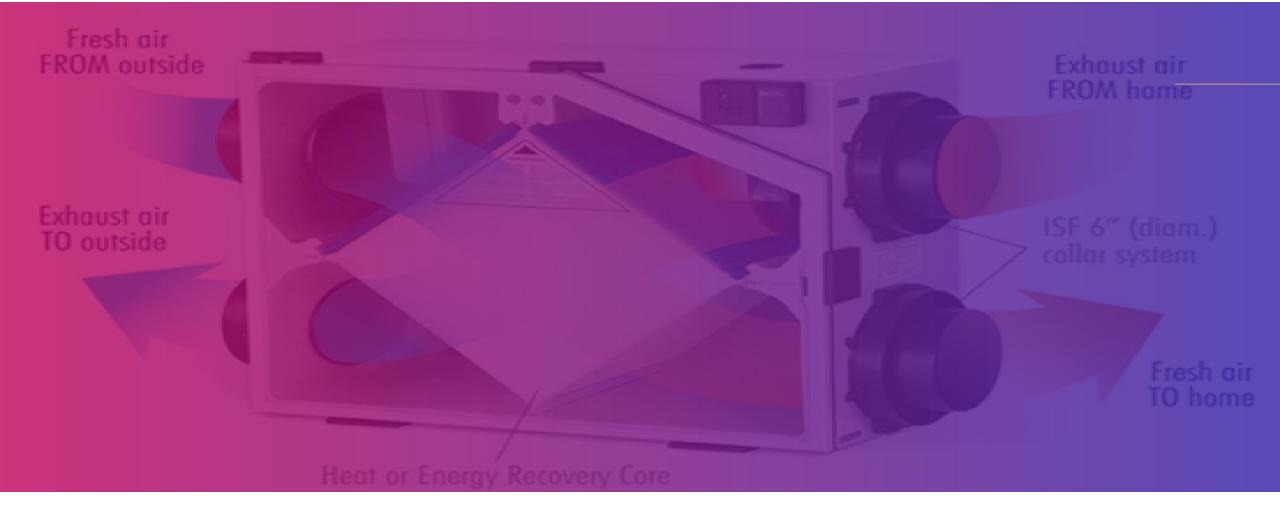
PV System resized to 2.78 kWdc (a factor of 1.390) to achieve 'Standard Design PV' PV scaling

36th 9	t. Duplexes Building A U	Jnit 1 asbuilt HRV				
Co	mpliance Summary	CO2 Emissions	Energy De	esign Rating	Energy Use De	tails CO2 Details
		Energy Design		Compliance M		
		Efficiency ¹ (EDR)	Total ² (EDR)	Efficiency ¹ (EDR)	Total² (EDR)	
	Standard Design	47.1	21.4			
	Proposed Design	46.8	21.2	0.3	0.2	

Result³: COMPLIES
(not current)

- ¹ Efficiency measures include improvements like a better building envelope and more efficient equipment
- ² Total EDR includes efficiency, photovoltaics and batteries
- ³ Building complies when all efficiency and total margins are greater than or equal to zero Standard Design PV Capacity: 2.89 kWdc

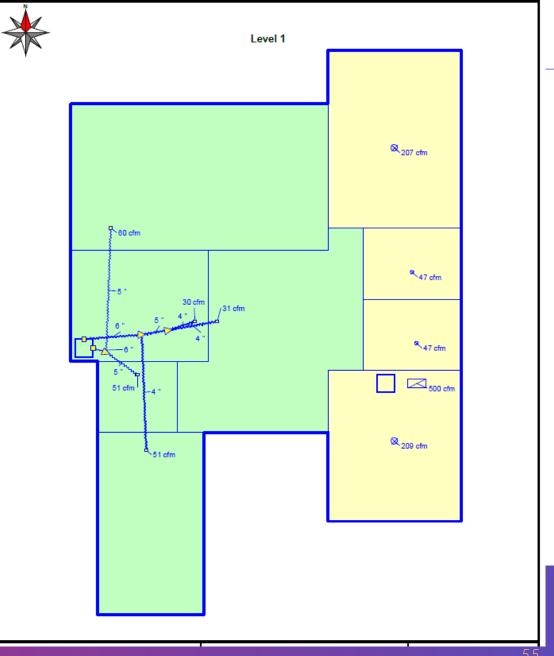
PV System resized to 2.89 kWdc (a factor of 1.444) to achieve 'Standard Design PV' PV scaling



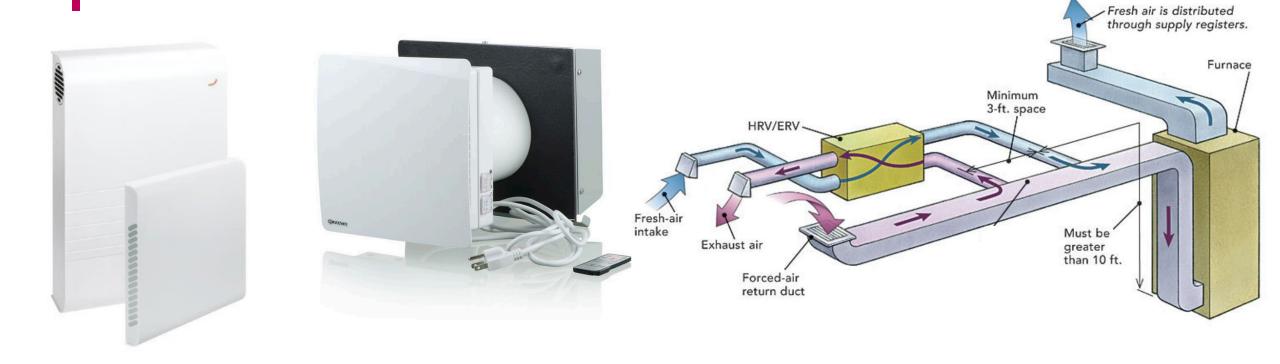
SPECIFYING & INSTALLING RVs

KEY QUESTIONS

- Location of unit
- Duct routes
- CFM by room
- Supply & exhaust registers
- Envelope penetrations for ducts to outside
- Occupant controls



OTHER RV CONFIGURATIONS



DISTRIBUTION SYSTEMS









Photos Courtesy of Scott Kelly, https://www.highperformance.build/

RVs & Ductless Mini Allow for Vaulting

- RV replaces bathroom exhaust fan
 - Only requires 20 cfm in bathroom if continuous
- Ductless minisplit doesn't need an attic or closet location
- Ducted minisplit can fit in 16" soffit as an alternative to ductless



HVI Directory

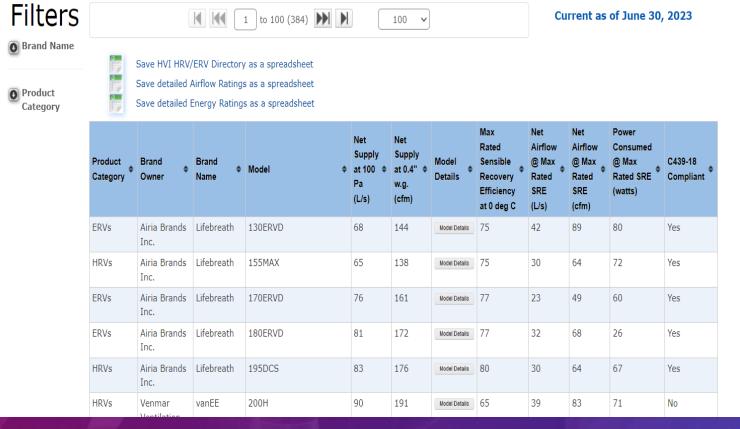
The best place to find your RV performance statistics:

- CFM
- Watts
- Sensible Recovery Effectiveness (SRE)
- Apparent Sensible Recovery Effectiveness (ASRE)

Section III - HRV/ERV Directory Listing

HVI Publication 911: Certified Home Ventilating Products Directory ©

Section III - HRV/ERV Directory Listing



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What are your take-aways on RVs?

RVs ALLOW YOU TO BE YOUR MOST PRODUCTIVE SELVES







THANK YOU!

nick@buildsmartgroup.com

Questions about Title 24?

3C-REN offers a *free* Code Coach Service





Online: **3c-ren.org/codes**

Call: **805.781.1201**

Energy Code Coaches are local experts who can help answer your Title 24 questions. Coaches have decades of experience in green building and energy efficiency improvements. They can provide citations and offer advice for your project to help your plans and forms earn approval the first time.

Closing

- Continuing Education Units Available
 - Contact <u>shuskey@co.slo.ca.us</u> for AIA and ICC LUs
- Coming to Your Inbox Soon!
 - Slides, Recording, & Survey Please Take It and Help Us Out!
- Upcoming Courses:
 - March 7th High Performance Buildings & Careers Class 1: High Performance Fundamentals Series
 - March 13th Energy Code Implementation: Single Family Additions and Alterations
 - March 14th Using Building Science to Design and Build High Performance Homes Class 2: High Performance Fundamentals Series
 - March 20th Energy Code Compliance: Using HERS Measures (Part 2)
 - March 21st <u>Detailing for High Performance Roofs and Walls</u>
 - March 28th Multi-Family Domestic Hot Water
- Visit <u>www.3c-ren.org/events</u> for our full catalog of trainings.





Thank you!

For more info: 3c-ren.org

For questions: info@3c-ren.org



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