

## We will be starting soon!

Thanks for joining us



# Why Energy Consultants Should Learn to do Residential HVAC Design

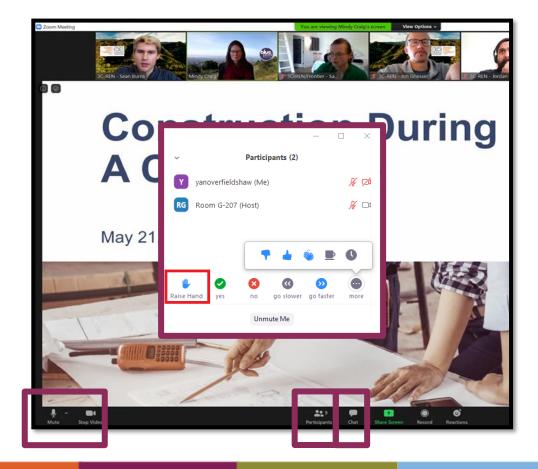
Russ King – Coded Energy Inc.

April 04, 2024



#### **Zoom Orientation**

- Please be sure your full name is displayed
- Please mute upon joining
- Use "Chat" box to share questions or comments
- Under "Participant" select "Raise Hand" to share a question or comment verbally
- The session may be recorded and posted to 3C-REN's on-demand page. Feel free to ask questions via the chat and keep video off if you want to remain anonymous in the recording.



#### **3C-REN: Tri-County Regional Energy Network**

- Three counties working together to improve energy efficiency in the region
- Services for
  - Building Professionals: industry events, training, and energy code compliance support
  - Households: free and discounted home upgrades
- Funded by ratepayer dollars that 3C-REN returns to the region









- Serves all building professionals
- Three services
  - Energy Code Coach
  - Training and Support
  - Regional Forums
- Makes the Energy Code easy to follow

Energy Code Coach: 3c-ren.org/codes 805.781.1201 Event Registration: 3c-ren.org/events





- Serves current and prospective building professionals
- Expert instruction:
  - Technical skills
  - Soft skills
- Helps workers to thrive in an evolving industry

Event Registration: **3c-ren.org/events** 





Multifamily (5+ units)

- No cost technical assistance
- Rebates up to \$750/apartment plus additional rebates for specialty measures like heat pumps

Single Family (up to 4 units)

- Sign up to participate!
- Get paid for the metered energy savings of your customers

Enrollment: 3C-REN.org/contractor-participation





Why Energy Consultants Should Learn to do Residential **HVAC** Design





#### Instructor – Russell King, M.E.

- Licensed Mechanical Engineer
- CEO/Founder of Coded Energy, Inc., developers of Kwik Model 3D software.
- 35+ years experience with residential HVAC and energy efficiency
- May 30 @ 2pm, similar class with Nick Brown but demonstrating a new software that speaks both Title 24 and ACCA J/S/D.

Why Should Energy Consultants Do HVAC Load Calculations?



- 1. Load calcs are easy! (equipment selection and duct design take much more experience let the contractor do those)
- 2. It requires pretty much exactly the same inputs as an energy model.
- 3. An annual energy simulation is 8760 load calculations.
- 4. Most HVAC Contractors are not doing load calcs, even though they are required by code (not well enforced).
- 5. Energy consultants are good a getting this information from plans into the software.
- 6. New software will allow a house model to be used for both and energy model and a load calc.
- 7. The 2025 code will put a much bigger emphasis on proper sizing.



### About ACCA Manuals J/S/D

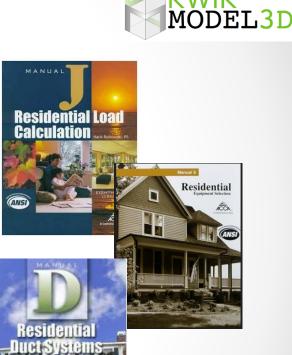
- ACCA is **Air Conditioning Contractors of America**, the largest HVAC trade association in the United States.
- They write and publish ANSI approved manuals on residential and nonresidential HVAC design
- Widely recognized as the industry standard for HVAC design (though not the only recognized standard).

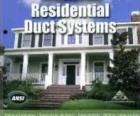


### About ACCA Manuals J/S/D

- California Energy Code <u>requires</u> ACCA Manual J and D (or equal) for all *new* residential HVAC systems, whether in a new house or an existing house.
- More and more building departments are starting to enforce this requirement.
- HVAC contractors should be doing it anyway!

- Basic Design Manuals
  - Manual J Residential Load Calculations
  - Manual S Equipment Selection
  - Manual D Duct Design
- Other Related Manuals
  - Manual RS Residential System Design (overview)
  - Manual T Terminal Selection (registers)
  - Manual H Heat Pumps
  - Manual LLH Low Load Homes
- Other Standards and Checklists. (QI, QM, etc.)
- <u>www.acca.org</u>







#### Definitions

#### British Thermal Unit (BTU)

This is a unit of heat energy that is approximately equal to the heat stored in a wooden kitchen match.

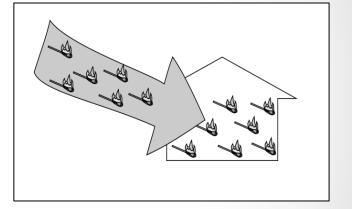
Heat moves at different *rates*. We express this in BTUs per hour (Btuh)



#### Definitions

#### **Cooling Load**

- In the summer, the BTUs are more concentrated outside the house than inside, so heat will naturally come into the house.
- The cooling load is the number of BTUs per hour that the air conditioner must <u>remove</u> at design conditions.



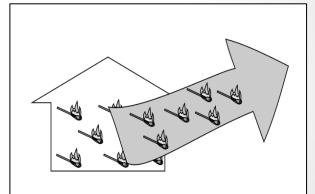


#### Definitions

#### Cooling

Cooling is the process of removing heat from a house

- Consider an air conditioner that is tested to have a cooling capacity of 24,000 Btuh.
- This means that it can remove 24,000 kitchen matches worth of heat from the house in one hour.

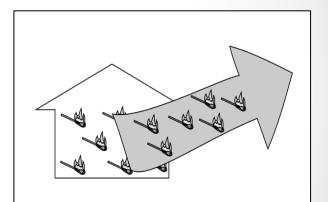




#### Definitions

#### Heating Load

- In the winter the BTUs are more concentrated inside the house than outside, so heat will naturally leave the house.
- Heating load is the number of BTUs that the heater (heat pump or furnace) must <u>add</u> each hour at design conditions.



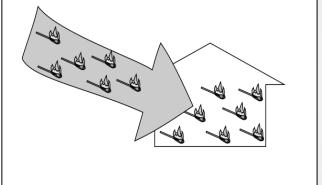


#### Definitions

#### Heating

Heating is the process of adding BTUs to a house.

- Consider a heater that is tested to have a heating capacity of 30,000 btuh.
- This means that it can add 30,000 kitchen matches worth of heat to the house in one hour.

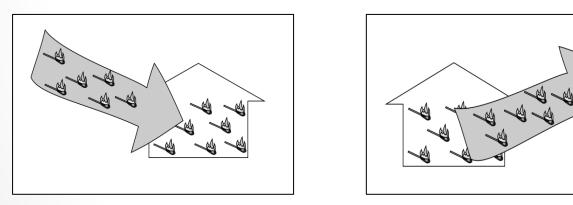






#### Definitions

To maintain a **constant temperature** in a house the rate of heat coming in must **equal** the rate of heat going out.



Images from HVAC 1.0 – Introduction to Residential HVAC Systems



#### Definitions

The **capacity** of the heating or cooling equipment is the *output* of the equipment in BTUs per hour. Think of it as the *supply*.

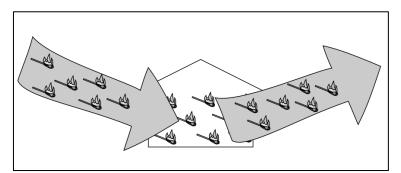
The **load** of the house is what the house *needs* in BTUs per hour to maintain a constant temperature at design conditions. Think of it as the *demand*.





Definitions

Good equipment sizing is the ability to match the equipment's supply to the house's demand.



Images from HVAC 1.0 – Introduction to Residential HVAC Systems



#### Definitions

**Design conditions** are the specified indoor and outdoor temperatures at which the loads are calculated.

- These are not the very worst temperatures expected each summer or winter.
- It would not be wise to design to such temperatures because these rarely occur.



#### Definitions

**Design conditions** are the specified indoor and outdoor temperatures at which the loads are calculated.

- The system needs to also work at milder conditions.
- If we design to really bad conditions, the equipment would be oversized for most of the season.



#### Definitions

**Design conditions** are the specified indoor and outdoor temperatures at which the loads are calculated.

- The difference between the indoor design temperature and the outdoor design temperature is referred to as the "Delta T".
- There is a delta T for the summer and a delta T for the winter.



#### The Importance of Good Design: <u>Equipment Sizing</u>

*Load Calculations* are critical to properly sized heating and cooling equipment.

#### For <u>Air Conditioners</u>:

- Undersizing may cause house not to cool well on very hot days.
- Oversizing can cause excess stratification, uneven temperature distribution. Plus, higher electric bills and shortened equipment life.



#### The Importance of Good Design: <u>Equipment Sizing</u>

*Load Calculations* are critical to properly sized heating and cooling equipment.

#### For Heaters (heat pumps or furnaces):

- Undersizing may cause house not to heat well on very cold days.
- Oversizing can cause excess stratification, uneven temperature distribution. Plus, higher utility bills and shortened equipment life.



The Importance of Good Design: <u>Equipment Sizing</u>

- Undersized Equipment will work fine on milder days (which is the majority of the time)
- Oversized Equipment will perform worse on milder days (which is the majority of the time)
- Oversized equipment will cause more comfort complaints than undersized equipment.



The Importance of Good Design: <u>Equipment Sizing</u>

- The negative impacts of *Oversized Equipment* can be reduced by using dual or variable capacity units.
- The negative impacts of both *Oversized and Undersized Equipment* can be reduced with good duct design and good system airflow.



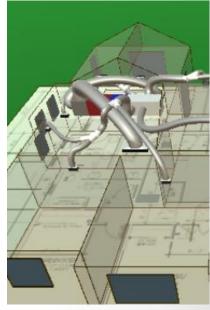
The Importance of Good Design: <u>Equipment Sizing</u>

- Historically, the most common method of equipment sizing was rules of thumb and trial and error.
- This almost always led to oversized equipment (and undersized ducts).

The Importance of Good Design: <u>Duct Sizing</u>

- Since the temperature of the *entire house* (or zone) is determined by *one location* (at the thermostat) it is important for even temperature distribution that conditioned air be distributed evenly throughout the home.
- This is done by sizing the ducts to deliver the **proper airflow** to each room (register).





The Importance of Good Design: Duct sizing

- Target room airflows need to be determined from room-by-room loads

   you need to know what the load of a room is relative to other rooms.
- General undersizing of all ducts, especially return ducts, will reduce total system fan flow, which will reduce <u>capacity and efficiency</u> of system.

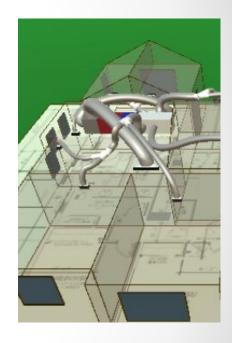




The Importance of Good Design: Duct sizing

- Undersizing one or two ducts relative to the other ducts in the house will cause poor air balance.
- This will result in uneven temperature distribution in the house (some rooms warmer or cooler than others)
- This is made even worse by low overall airflow.





#### Remember:

- Equipment cannot be properly sized unless you can accurately determine the capacity at design conditions. (Supply)
- Equipment cannot be properly sized unless you know the load of the house. (Demand)

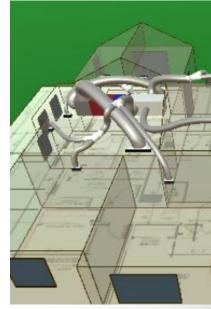


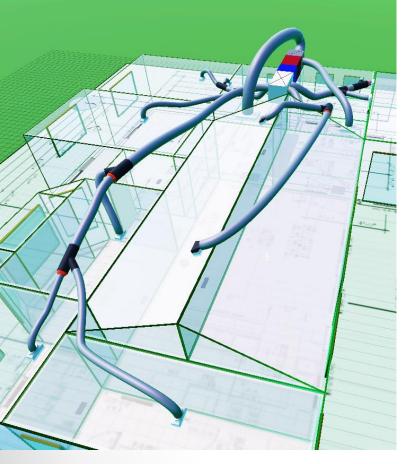


#### Remember:

- Ducts cannot be properly sized unless you know how to distribute the air.
- To know how to distribute the air, you need room by room load calculations.









# Overview of HVAC Design Process





#### **The Process**

The basic steps in designing a typical ducted central system for a home are:

- **1. Collect** information about the house
- 2. Perform room-by-room load calculations (Manual J)
- 3. Select equipment to meet the total loads (Manual S)
- **4. Design** the distribution system (Manual D)

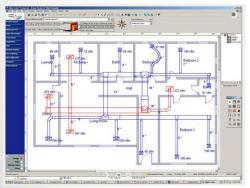




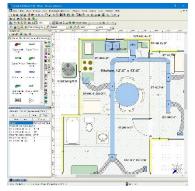
### **The Process**

There are several ACCA approved *software programs* available to help you through this process. Examples:

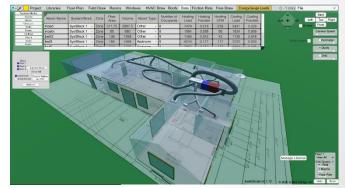
Right-Suite<sup>®</sup> by Wrightsoft



RHVAC by Elite Software



Kwik Model<sup>®</sup> with EnergyGauge Loads

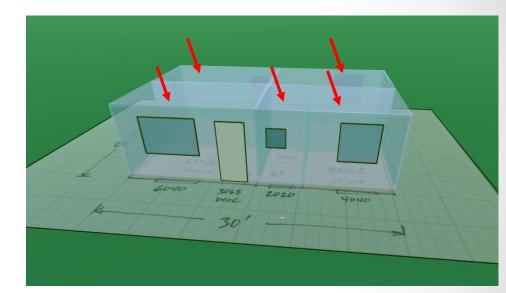




Step 1. Collect Information About the House What you really need are *areas* for:

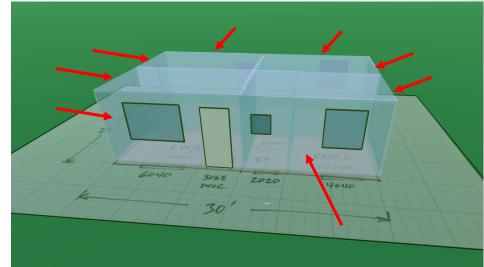
- ceilings,
- walls,
- doors,
- and floors,
- Plus, window areas (and orientations = N, S, E, W)

These are the surfaces that will conduct heat into and out of the house.



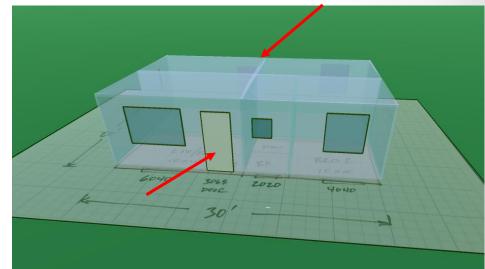


- What you actually need areas for:
  - ceilings,
  - walls,
  - doors,
  - and floors,
  - Plus, window areas (and orientations = N, S, E, W)
- These are the surfaces that will conduct heat into and out of the house.



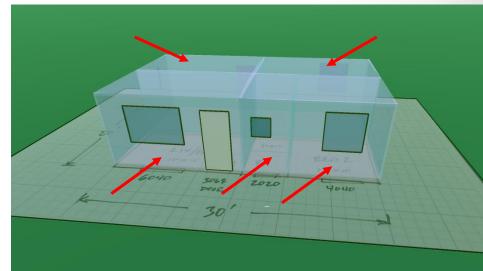


- What you actually need areas for:
  - ceilings,
  - walls,
  - doors,
  - and floors,
  - Plus, window areas (and orientations = N, S, E, W)
- These are the surfaces that will conduct heat into and out of the house.



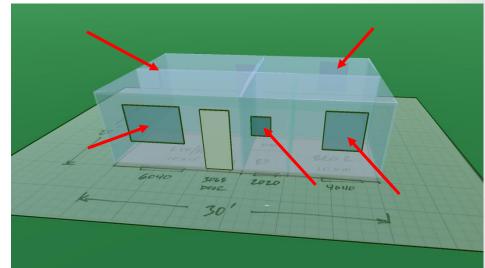


- What you actually need areas for:
  - ceilings,
  - walls,
  - doors,
  - and floors,
  - Plus, window areas (and orientations = N, S, E, W)
- These are the surfaces that will conduct heat into and out of the house.





- What you actually need areas for:
  - ceilings,
  - walls,
  - doors,
  - and floors,
  - Plus, window areas (and orientations = N, S, E, W)
- These are the surfaces that will conduct heat into and out of the house.

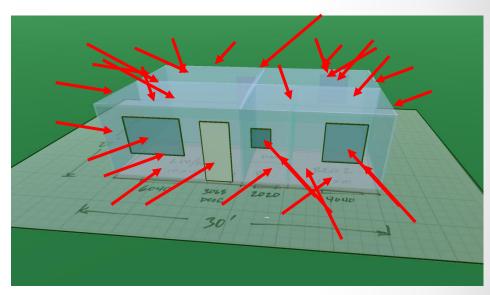




#### **Step 1. Collect Information About the House**

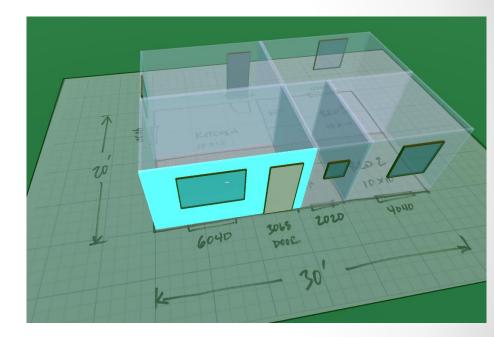
- What you actually need areas for:
  - ceilings,
  - walls,
  - doors,
  - and floors,
  - Plus, window areas (and orientations = N, S, E, W)
- These are the surfaces that will conduct heat into and out of the house.

(This should all sound very familiar.)

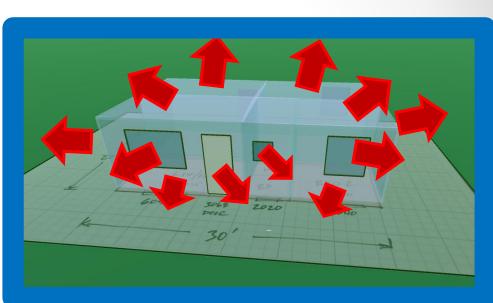




- You will need this on a roomby-room basis if you plan to also size the ducts.
- Keeping track of all these surfaces is challenging.
- This is where design software is most helpful.



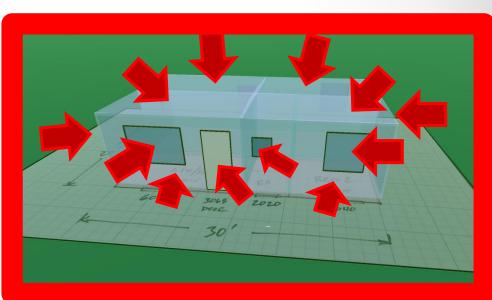
- The goal is to accurately estimate the conduction, convection and radiation heat transfer between the inside and outside of the house.
- You need to do it for winter







- The goal is to accurately estimate the conduction, convection and radiation heat transfer between the inside and outside of the house.
- And for summer

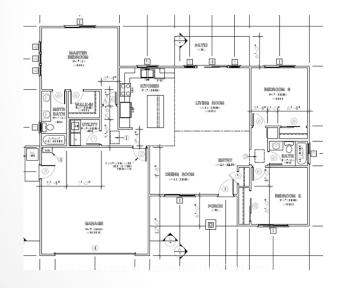


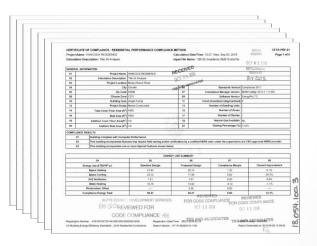




#### **Step 1. Collect Information About the House**

 If you are designing a system for a new house, most of the information you will need is on the **building plans and** energy compliance docs.





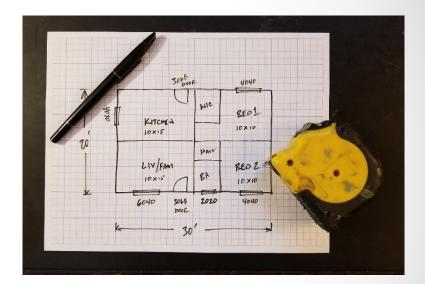
#### ntro to Residential HVAC Systems

### **Overview of HVAC Design Process**

**Step 1. Collect Information About the House** 

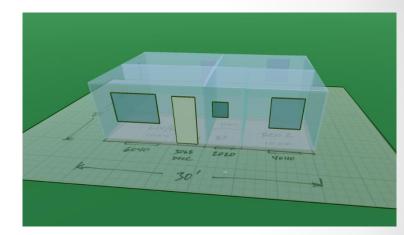
 If you are designing a system for an <u>existing</u> house, you may have to create your own plans by sketching a floor plan based on field measurements.

• Check out CubiCasa. It's a free phone app that creates a very good floor plan.





- Then you will need information about these surfaces, such as
  - what kind of surface,
  - how much insulation,
  - what *kind* of windows, etc.

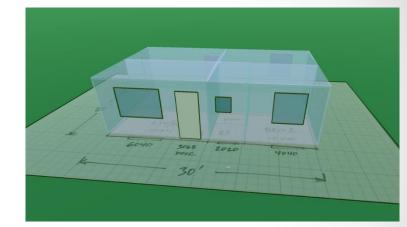




**Step 1. Collect Information About the House** 

- Then you will need information about these surfaces, such as
  - what kind of surface,
  - how much insulation,
  - what *kind* of windows, etc.

# For **existing** homes you will have determine these features

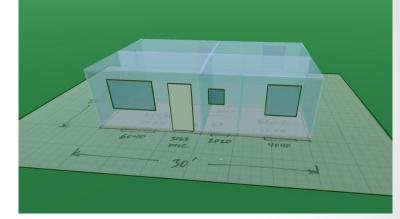




**Step 1. Collect Information About the House** 

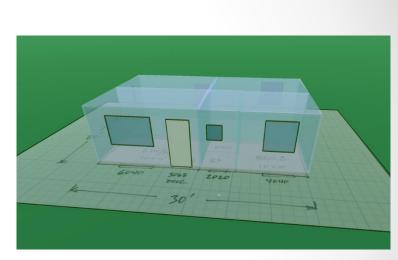
- Then you will need information about these surfaces, such as
  - what kind of surface,
  - how much insulation,
  - what kind of windows, etc.

For **new** homes, this information will be in the energy compliance calculations.





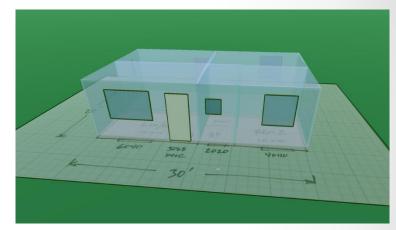
- You will also need to make engineering estimates about things such as
  - duct leakage and
  - infiltration
- Whatever your assumptions are for these, they need to be *verified* in the field when possible.



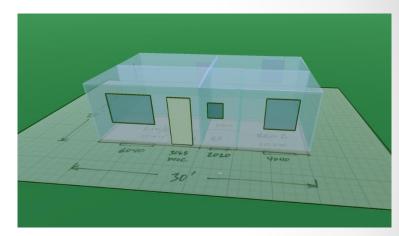


- Duct leakage is required to be improved as part of major work being done to an HVAC system.
- For substantially new systems (new equipment and 75% new ducts) the maximum allowed leakage is 5%.
- For altered systems the maximum allowed leakage is 10%.





- Infiltration can have a dramatic effect on the load calcs.
- For existing houses, it is a good idea to measure it using a blower door prior to doing load calcs.
- If it is very bad (e.g., CFM50 > floor area of the house) it is probably cost effective to seal the house so that you can install smaller equipment.



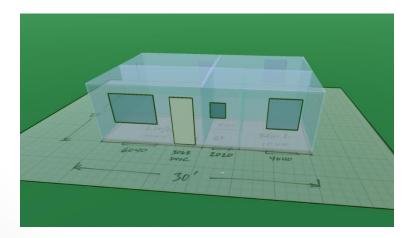




### **Step 2. Perform Room-by-Room Load Calculations**

There are two basic kinds of load calculations.

• One kind is a **whole house** load calculation that lumps the entire house (or zone) into one total value, which can be used to size the equipment. (aka "Block" loads)

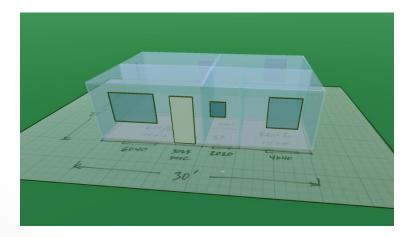




### **Step 2. Perform Room-by-Room Load Calculations**

There are two basic kinds of load calculations.

• The other kind is a **room-by-room** load calculation, which breaks the house into rooms and calculates a heating and cooling load for each individual room.

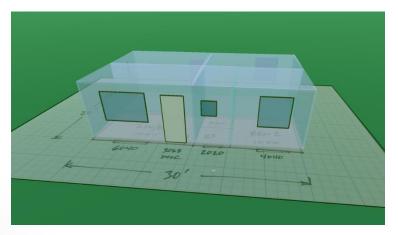




### **Step 2. Perform Room-by-Room Load Calculations**

There are two basic kinds of load calculations.

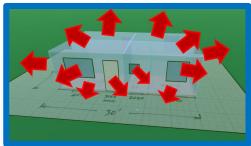
- Room-by-room load calculations are important for designing a distribution system.
- These help you *distribute* the heating and cooling correctly.

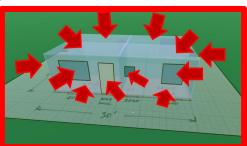




**Step 2. Perform Room-by-Room Load Calculations** 

- There are load calculations for both heating (winter) and cooling (summer) loads.
  - Winter = Heat leaving the house
  - Summer = Heat coming into the house



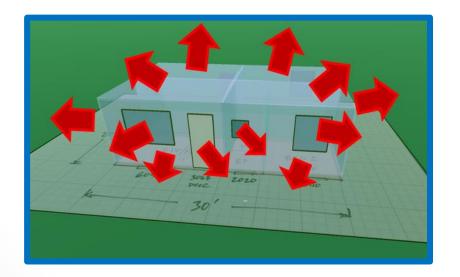


• Let's look at heating load calculations first.



#### **Step 2. Perform Room-by-Room Load Calculations**

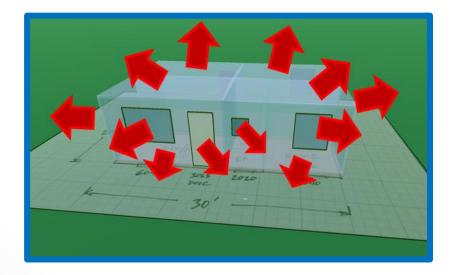
 A heating load calculation is a sum of all of the BTU losses (convection, conduction and radiation) that occur when it is a <u>certain delta T</u>.





#### **Step 2. Perform Room-by-Room Load Calculations**

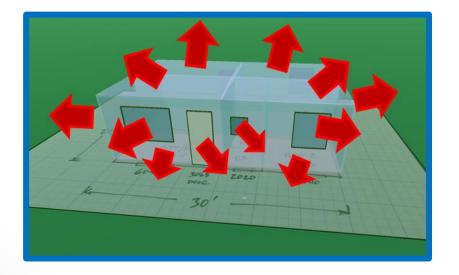
• The delta T is determined by two temperatures called the *winter* **indoor** and **outdoor** design temperatures.





#### **Step 2. Perform Room-by-Room Load Calculations**

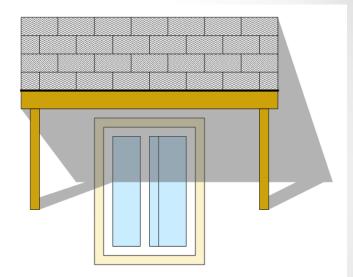
• For heating, assume that these occur at night when there are no solar gains to offset heating load



Step 2. Perform Room-by-Room Load Calculations

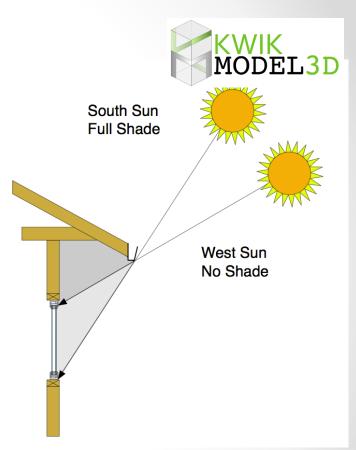
- Cooling loads are similar except that they are more complicated because solar gains are <u>not</u>ignored.
- Solar gains are a big part of the cooling loads.





Step 2. Perform Room-by-Room Load Calculations

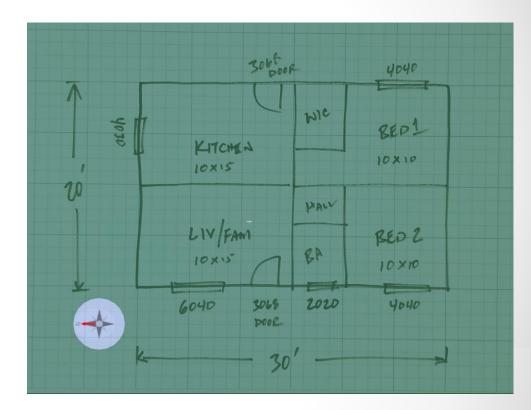
 What makes them so complicated is that solar gains are affected by <u>orientation</u> of windows and by shading from overhangs and interior shading devices such as drapes or blinds.





Step 2. Perform Room-by-Room Load Calculations

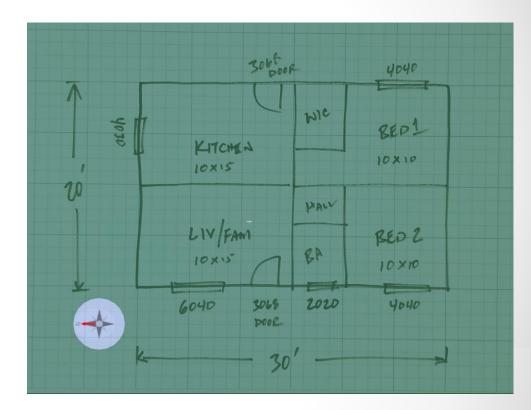
- Consider this simple example house, which is facing West.
- Notice that the kitchen and Liv/Fam room are the same size.





Step 2. Perform Room-by-Room Load Calculations

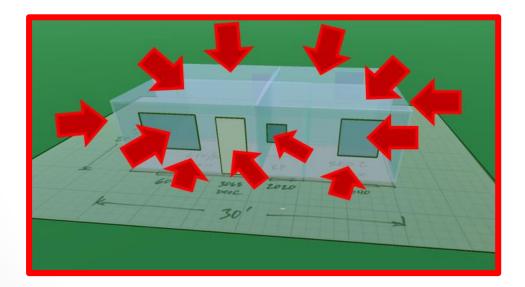
- The kitchen has a north facing window.
- The Liv/Fam room has a larger west facing window.
- We will see how this affects the cooling loads.





Step 2. Perform Room-by-Room Load Calculations

• Cooling loads and the subsequent sizing of equipment is much more precise and involved than heating loads.





Step 2. Perform Room-by-Room Load Calculations

- Depending on the software, you must input all the surface information, either:
  - By manually typing it in,
  - by re-drawing the floor plan in 2D in the software, or
  - By creating a simple 3D model in the software



**Step 2. Perform Room-by-Room Load Calculations** 

- The software will use that information to select the correct value from the Manual J tables to determine the heat transfer through each and every surface.
- As you can imagine, this is a lot of information to keep track of, especially for room-by-room loads.



#### **Step 2. Perform Room-by-Room Load Calculations**

# This is a table of the **windows** for our sample house.

Window Name	Room	Type Name	Direction	Azimuth	Tilt	Area	Touching	Overhang Height	Overhang Length
L1	Kitchen(1)	2P.metal.clear.1 v	Left	N	90	12	Outside	0	0
F1	Living(1)	2P.metal.clear.1 v	Front	W	90	24	Outside	0	0
B1	Bed 1(1)	2P.metal.clear.1 v	Back	E	90	16	Outside	0	0
F2	bath(1)	2P.metal.clear.1 v	Front	W	90	4	Outside	0	0
F3	Bed 2(1)	2P.metal.clear.1 v	Front	W	90	16	Outside	0	0
Total						72			
		_					_		



Step 2. Perform Room-by-Room Load Calculations

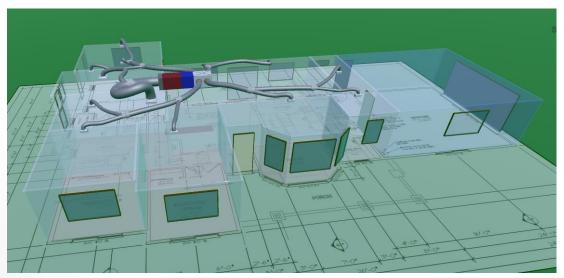
# This is a table of the **walls** for our sample house.

WallNum	Room	Type Name		Net Area	Direction	Azimuth	Tilt	Pitch	Touching
1	Kitchen(1)	2x4 R-13	~	100	Back	East	90	N/A	Outside
2	Kitchen(1)	2x4 R-13	~ ]	68	Left	North	90	N/A	Outside
3	Living(1)	2x4 R-13	~ ]	76	Front	West	90	N/A	Outside
4	Living(1)	2x4 R-13	~ ]	80	Left	North	90	N/A	Outside
5	Bed 1(1)	2x4 R-13	~ ]	104	Back	East	90	N/A	Outside
6	Bed 1(1)	2x4 R-13	~ ]	80	Right	South	90	N/A	Outside
7	bath(1)	2x4 R-13	~ ]	36	Front	West	90	N/A	Outside
8	Bed 2(1)	2x4 R-13	~	64	Front	West	90	N/A	Outside
9	Bed 2(1)	2x4 R-13	~	80	Right	South	90	N/A	Outside
te									



Step 2. Perform Room-by-Room Load Calculations

# You can imagine what these tables might look like for a more complicated house like this one.



	WallNum	Room	Type Name	Net Area	Direction	Azimuth	Tilt	Pitch	Touching	
	1	mbed(1)	2x4 R-13 ~	98	Back	North	90	N/A	Outside	KWIK MODEL3D
	2	mbed(1)	2x4 R-13 ~	72	Right	East	90	N/A	Outside	MODEL3D
	3	mbed(1)	2x4 R-13 ~	87	Left	West	90	N/A	Outside	
Step 2. Perf	4	mbath(1)	2x4 R-13 ~	8	Back	North	90	N/A	Outside	
	5	mbath(1)	2x4 R-13 ~	8	Front	South	90	N/A	Outside	
You ca	6	mbath(1)	2x4 R-13 ~	65	Left	West	90	N/A	Outside	k like
	7	bath2(1)	2x4 R-13 ~	80.5	Left	West	90	N/A	Outside	K IIKC
You ca for a r	8	liv/kit(1)	2x4 R-13 ~	150.5	Back	North	90	N/A	Outside	
	9	bed3(1)	2x4 R-13 ~	72	Front	South	90	N/A	Outside	
1	10	bed3(1)	2x4 R-13 ~	104	Left	West	90	N/A	Outside	
	11	bed2(2)	2x4 R-13 ~	72	Front	South	90	N/A	Outside	
N	12	bed2(2)	2x4 R-13 ~	94.5	Right	East	90	N/A	Outside	
	13	bed2(2)	2x4 R-13 ~	9.5	Left	West	90	N/A	Outside	
	14	dining(5)	2x4 R-13 ~	20	Front	South	90	N/A	Outside	
	15	dining(4)	2x4 R-13 ~	4.5	Right	East	90	N/A	Outside	
	16	dining(4)	2x4 R-13 ~	4.5	Left	West	90	N/A	Outside	
	17	dining(1)	2x4 R-13 ~	26	Front	South	90	N/A	Outside	-
	18	dining(3)	2x4 R-13 ~	18.941	Front Left	SouthWest	90	N/A	Outside	
	19	dining(2)	2x4 R-13 ~	18.941	Front Right	SouthEast	90	N/A	Outside	
	20	lau(1)	2x4 R-13 ~	54	Front	South	90	N/A	Outside	
	21	lau(1)	2x4 R-13 ~	59.5	Right	East	90	N/A	Unconditioned Space	
	22	pdr(1)	2x4 R-13 ~	40	Back	North	90	N/A	Outside	
	23	pdr(1)	2x4 R-13 ~	124.5	Right	East	90	N/A	Unconditioned Space	
						_	_			

### So, Why Should Energy Consultants Do HVAC Load Calculations?



- 1. Load calcs are easy! (equipment selection and duct design take much more experience let the contractor do those)
- 2. It requires pretty much exactly the same inputs as an energy model.
- 3. An annual energy simulation is 8760 load calculations.
- 4. Most HVAC Contractors are not doing load calcs, even though they are required by code (not well enforced).
- 5. Energy consultants are good a getting this information from plans into the software.
- 6. New software will allow a house model to be used for both and energy model and a load calc.
- 7. The 2025 code will put a much bigger emphasis on proper sizing.



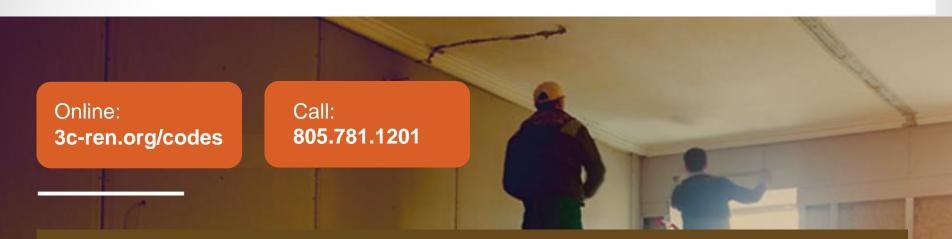
# The End

# Thank You

# russ@coded-energy.com

# **Questions about Title 24?**

### **3C-REN offers a** *free* **Code Coach Service**



BALANCE

Green Consulting

Energy Code Coaches are local experts who can help answer your Title 24 questions. Coaches have decades of experience in green building and energy efficiency improvements. They can provide citations and offer advice for your project to help your plans and forms earn approval the first time.

# Closing

#### Continuing Education Units Available

- Contact <u>itzel.torres@ventura.org</u> for AIA LUs
- Coming to Your Inbox Soon!
  - Slides, Recording, & Survey Please Take It and Help Us Out!

#### Upcoming Courses:

- April 9<sup>th</sup> <u>Blower Door Basics and Beyond</u>
- April 11<sup>th</sup> <u>Is a Heat Pump Water Heater Right for Me?</u>
- April 16<sup>th</sup> <u>Overcoming Installation Challenges with Heat Pumps</u>
- April 18<sup>th</sup> <u>Certified Passive House Designer/Consultant (CPHD/C) Pacific Spring Hybrid Cohort</u>

Visit <u>www.3c-ren.org/events</u> for our full catalog of trainings.





### Thank you!

For more info: 3c-ren.org

For questions: info@3c-ren.org



TRI-COUNTY REGIONAL ENERGY NETWORK SAN LUIS OBISPO · SANTA BARBARA · VENTURA